



# JMJ



ISO Certificate No.  
Q9186414992

**COLLEGE FOR WOMEN  
(AUTONOMOUS), TENALI - 522 202**

**Affiliated to Acharya Nagarjuna University**



**Rev.Fr. MATHIAS WOLFF S.J.  
FOUNDER-SOCIETY OF JMJ**



**COLLEGE MAGAZINE  
2018-2019**

**Ph. 08644 -227994, 225994. 225997**



**Dr. Sr. MARY GLOWREY, M.D.**

SERVANT OF GOD

(1887 - 1957)

Founder

JMJ HEALTH CARE INSTITUTIONS



**Rev. Sr. STANISLAUS  
SWAMIKANNU PILLAI**

(1897 - 1975)

Architect

JMJ EDUCATIONAL APOSTOLATES



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**J.M.J. COLLEGE FOR WOMEN**  
Estd. 1963 (AUTONOMOUS) TENALI

### COLLEGE MAGAZINE

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**Dr. Sr. THERESAMMA GADE**  
**CORRESPONDENT**



**Dr. Sr. SHINY K.P**  
**PRINCIPAL**



**Sr. AMUL MARY FRANCIS**  
**VICE-PRINCIPAL**



**College Management**



**Teaching Staff**



**Non- Teaching Staff**



**Sports Committee**



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**AICUF**



**IQAC**



**P.G. STUDENTS**



**NSS**



**NCC**



**Magazine Committee**



**Intermediate MPC**



**Intermediate Bi.PC**



**Intermediate CEC**



**Placements**



**P.G. Students**



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# **JMJ COLLEGE FOR WOMEN**

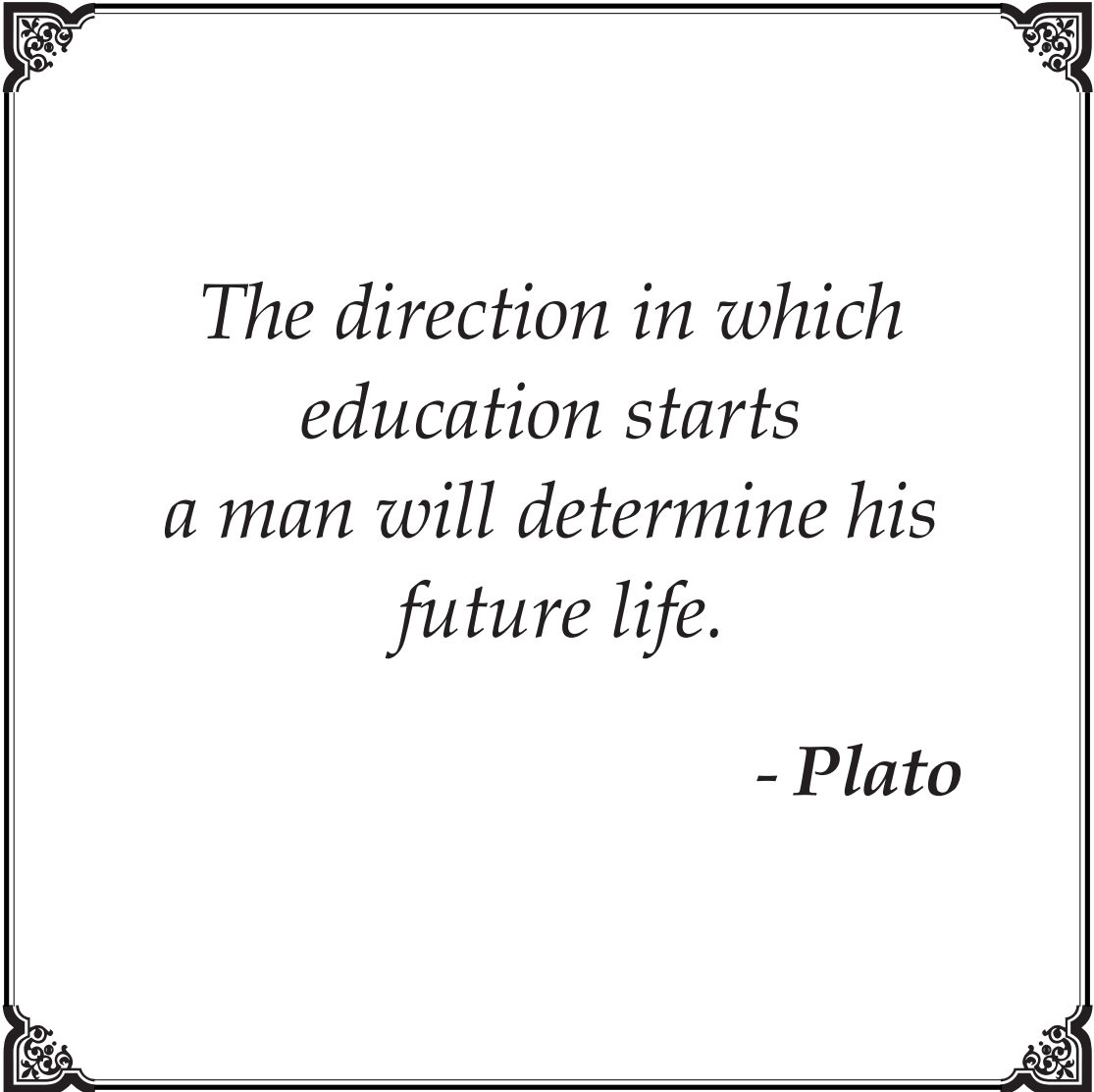
**(AUTONOMOUS), TENALI - 522 202**

(Affiliated to Acharya Nagarjuna University)

*College Magazine*

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*The direction in which  
education starts  
a man will determine his  
future life.*

*- Plato*





## VISION

*To educate, enrich and empower the young girls to achieve academic excellence, spiritual growth and noble principles of life, to become integrated women force to lead home and society.*



## MISSION

*JMJ Higher Education aims to promote the intellectual development of the rural youth who are socially and economically backward, and enable them to serve the society. The institution aims at enhancing the levels of competence, commitment and compassion to prepare the students as dynamic leaders and global citizens*



## **EDITORIAL BOARD**

Dr. Sr. SHINY K.P  
Principal

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## EDITORS-IN-CHIEF ADDRESS

As we reflect on the academic year 2018-19, we are reminded of the incredible journey we've had. It was a year filled with academic challenges, personal growth, and lasting memories. Our college community came together to overcome obstacles, and the spirit of unity and resilience shone brightly. Through our magazine, we capture the essence of the remarkable year, celebrating the achievements and the dreams that made it unique. Join us in revisiting the pages of 2018-19 and relive the moments that defined this academic chapter.

*Dr. P.M. Padma Latha*  
Chief Editor  
Department of Mathematics



## PRINCIPAL'S DESK

*"Education is the most powerful weapon which you can use to change the world."*

*- Nelson Mandela*

It is my distinct pleasure to present the college magazine for the academic year 2018-19. This publication goes beyond the printed words and images; it encapsulates the hopes, dreams, and achievements of our students and dedicated faculty.

In our commitment to inclusivity, the college magazine aims to provide an equitable platform for students from all backgrounds. It serves as a medium for the voices of our diverse student body, ensuring that their experiences and perspectives are celebrated.

In this edition, we also express our heartfelt gratitude to our esteemed staff members who have retired after serving the institution with unwavering commitment. Their legacy adds richness to our campus life and has significantly contributed to our growth.

The academic year 2018-19 witnessed a significant focus on enhancing our students' communication skills, offering online MOOCS certificate courses, and expanding our community outreach programmes. The dedicated efforts of our students, coupled with professional training in communication skills, led to a remarkable placement rate of over 64% in prestigious companies, setting them on a path to success.

Our commitment to social responsibility extended to Tenali Municipality Wards and adopted villages, where we actively contributed to improving the quality of life through tree planting, clean green drives, and ODF+ surveys.

We are delighted to share that the UGC has granted approval for two Bachelor of Vocational Courses (B.Voc) under the National Skill Qualification Framework (NSQF). These programs have been meticulously designed to provide our students with essential practical skills, catering to the demands of an ever-changing job market.

Our college received the Swachha Bharat Award in 2018 from the Honorable Chief Minister of Andhra Pradesh, recognizing our commitment to a clean and green environment. Additionally, we earned a 5-star Appreciation Certificate for establishing an Institution Innovation Council (IIC), aligning with the norms of the Innovation Cell, Ministry of HRD, Govt. of India. These accolades underscore our dedication to innovation and community engagement.

Throughout the year, we introduced a spectrum of skill-based and certificate courses, ranging from R-Programming to Women & Development, enhancing the holistic development of our students. Our commitment to knowledge and learning was further exemplified through National Seminars and Workshops conducted on our campus.

Empowerment and outreach remained at the forefront of our efforts as we engaged in various extension programs, promoting an eco-friendly environment and gender sensitization. Our college sports teams demonstrated exceptional prowess, with several students achieving recognition as University Representatives in various tournaments at the State and National Levels.

As we reflect on our journey, we find a tapestry of compassion, dedication, and achievement. It is my hope that this college magazine serves as an inspiration to our students. It is a testament to the quality of our content and presentation, reflecting our commitment to education as a holistic experience. As we look to the future with optimism and determination, we invite you to join us in celebrating our remarkable educational journey.

*Warm Regards*

**Dr. Sr. Shiny K.P.**

Principal, JMJ College for Women (A), Tenali

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# PART - I

## ANNUAL REPORT

Good evening and a cordial welcome to everyone to our **56<sup>th</sup> College Day** celebrations.

It's my pleasure to welcome **Dr.A.S.Ramakrishna**, Member of Legislative Council (MLC), Guntur-Krishna Districts Andhra Pradesh, the Chief Guest of the day, **Sri.M. Srinivasa Rao**, Revenue Divisional Officer, Tenali, the Guest of honour, **Dr.K.Dhana Lakshmi**, Associate Professor in Sociology and Social work, ANU our beloved Alumnae, **Dr.Sr.Theresamma Gade.**, Correspondent, **Sr. Amul Mary**, Vice Principal, Ms. **M.Naga Tulasi**, III B.Sc CBZ the Student Representative, Reverend Fathers and Sisters from various institutions, Deans of Arts & Science, members of the Governing Body, the Academic Council, our JMJ faculty both teaching and Non-teaching, parents, alumnae, benefactors, Administrators of Hostel, Global School, SWADHAR, our **Community Sisters**, members of the press and my dear students.

We rejoice in the success that we have achieved and thank God for His boundless blessings upon the institution. We look forward with a sense of hope towards greater growth and progress. We are proud to acknowledge that we had good results, achievements in academics, and co-curricular activities this year.

I place on record my gratitude to all the staff members who have retired from this college after rendering their invaluable service namely **Mrs. M. Adilakshamma, HOD, Zoology and Ms.T.Arogyamma HOD, Economics were retired on 31<sup>st</sup> July, 2018**, and **Ms.T.V.Ramanamma, Lab Attender was retired on 31<sup>st</sup> August, 2018**. We thank them for their committed service, the richness they added to campus life and their contribution to the development of this institution.

I Congratulate **Dr.Ch.Sarojini**, Lecturer in Zoology for receiving **Doctoral Degree on 22nd April, 2018** from Acharya Nagarjuna University on **Isolation and Identification of Alkaline Proteases Producing Soil Fungi and Optimization of Production Conditions** & **Dr.P.Bujamma**, lecturer in Zoology for receiving **Doctoral Degree on 22nd August, 2018** from Acharya Nagarjuna University on **Toxicity and Effect of Heavy Metals on Haematological, Enzymatic and Histological Changes in the fish H Fossilis (Bloch)**.

I take great delight in presenting the **56<sup>th</sup> Annual Report** of the college for the academic year 2018-19. I would like to express my deep sense of gratitude to all the staff both teaching and Non-teaching for their dedicated service which brought many laurels to JMJ College and enabled to realize the mission and vision of the institution. This year the college focused mainly on improving the communication skills of the students, online MOOCS certificate courses, Placements and community outreach programmes. The students were trained on Communication Skills by the Resource person from the Institute of Language Management (ILM), Bangalore throughout the year. This enabled the students to communicate in English and we have placed more than 64% of our students in various well-known companies. We have extended our service to Tenali Municipality Wards and other adopted villages like Anagalakuduru, Aiyanapalem to improve their life style. The staff and students planted saplings, clean green drive and survey on ODF+.

## Achievements and Highlights

- ❖ The college has been reaccredited by **National Assessment and Accreditation Council (NAAC)** at **B++ Grade Level with CGPA of 2.90/4.00** in the **4<sup>th</sup> Cycle** on **26<sup>th</sup> and 27<sup>th</sup> June, 2018**. The Team members were Prof. Madhumitha Das, Chair Person, Vice Chancellor of Fakir Mohan University, Balasore, Orissa, Dr. Aisha M Sheriff, Member Coordinator, Dept of Business Administration, University of Mysore, Karnataka, Dr. Pushpa Ranade, Member Principal, Shri Siddhi Vinayak Mahila Maha Vidyalaya, Pune.
- ❖ The college got approval for **two Bachelor of Vocational Courses (B.Voc)** namely **Software Development and Accounting & Taxation** under National Skill Qualification Framework (NSQF) by UGC for the academic Year 2018-19.
- ❖ Rashtriya Uchchar Shiksha (RUSA) has sanctioned the grant **2.0** to the college for the new construction, renovation and equipments in the academic year 2018-19.
- ❖ Our College received **Swachha Bharat Award 2018** from **Sri Nara Chandrababu Naidu** the Honorable Chief Minister of Andhra Pradesh on **2<sup>nd</sup> October 2018** at Indira Gandhi Municipal Stadium, Vijayawada.
- ❖ Received **5 star Appreciation certificate** for establishing **Institution Innovation Council (IIC)** as per the Norms of Innovation Cell, Ministry of HRD, Govt. of India from MIC, AICTE and MHRD, Delhi on 21<sup>st</sup> November, 2018.
- ❖ Received **ISO 9001:2015 Surveillance Audit Certificate** from HYM International certifications for providing quality Education to Intermediate, Degree and PG students.
- ❖ **Ms. Naga Kavitha our Mathematics P.G. student received Pratibha Award 2018** from the Honorable Chief Minister of Andhra Pradesh for her excellence in Mathematics.
- ❖ The College was reopened on 11<sup>th</sup> June 2018 for all Inter, Degree and PG students after summer vacation.
- ❖ Our Faculty participated in Navanirman Deeksha from 2<sup>nd</sup> to 8<sup>th</sup> June 2018.
- ❖ Organised an orientation programme for Non-teaching staff on Time Management & Stress Relief by Fr. Chinna, Battiprolu on 4<sup>th</sup> June 2018.
- ❖ An orientation programme for all the faculty on **Enhance the Quality of Your Personal and Professional Life for Fulfillment** by Fr. Casimir, Director, XLRI Project at Amaravathi, Vijayawada on 8<sup>th</sup> June 2018.
- ❖ Organized **Swachhata hi Sevaprogramme** in the College Campus on 29<sup>th</sup> September 2018. Ms. S. Sakunthala Devi, Municipal Commissioner and Dr. B. V. Ramana, Municipal Health Officer participated in this programme.
- ❖ Organized a guest Lecture on **Utilization of e- Resources and MOOCs** for all the staff by Dr. G. Siva Prasad, Librarian, GCW, Guntur on 23<sup>rd</sup> August 2018.
- ❖ Organised a guest Lecture on **Precision Cancer Care** by Dr. Y. Prashanth, Radiation Oncologist, American Oncology Institute Vijayawada on 31<sup>st</sup> August 2018.
- ❖ College **Inaugural function was organized on 28<sup>th</sup> August 2018**. The Chief Guest of the day was Kunapareddy Hariprasad, IAS, Director of RUSA.
- ❖ Organized an awareness programme by **APSPDCL on Electricity bills through online payment** on 7<sup>th</sup> August 2018.
- ❖ Organised **SABALA awareness programme on Eve Teasing** by Ms. D. Sai Mounika, Police Constable, III Town Police Station, Tenali for all Degree students on 13<sup>th</sup> August 2018.
- ❖ Sankranti Samburaalu was celebrated by Department of Home Science on 11<sup>th</sup> January 2019.
- ❖ **Help for Health Programme** was inaugurated in our College campus on 11<sup>th</sup> January 2019 by Dr. Sarada Society.

## ACADEMIC PERFORMANCE OF OUR STUDENTS

### CURRICULUM

Skill based courses and Certificate courses like **R-Programming, Women & Development, Rural Marketing, Quantitative Aptitude, Beauticare Science, Mushroom Culture, Yoga** and

Foundation courses like ICT, Communication and Soft Skills (CSS) Environmental Studies (ES), and Human Values and Professional Ethics (HVPE), Analytical Skills, Leadership Education, Entrepreneurship were introduced.

## RESULTS

Intermediate, UG and PG Students achieved good results in the academic year 2017-2018. Intermediate Public Examinations registered 77% pass rate. The overall results of the Degree Sections – B.A – 86%, B.Com – 97%, B.Sc – 92%, and the overall results of PG Sections - 100 %. I congratulate the Vice Principal and all the faculty members of Intermediate, UG and PG sections for achieving good result. I thank the Controller of Examinations, the Additional & Assistant Controller and their team for their meticulous work in bringing out the results on time.

## APPOINTMENT OF THE NEW FACULTY MEMBERS -11

Sr.D.Mariyamma in English Department, Ms. Ms.A.Shiji Devi in Statistics, Ms. Ms.G.Naveeva & Ms.R.Raphah Harriet in Home Science, Ms.T.Jyosthsna and Ms.M.Miriam, in Economics, Mr.K.William Joseph and Mr.K.Ravi Babu in Computer Science Department, Ms.P.Keerthana in Chemistry, Ms.R.Shoba Rani in Botany, Mr.M.Moshe in History were appointed in this academic year.

## PRIZES INSTITUTED -2

- ❖ Mrs. B.Mary Kumari, Head of the Dept.of Telugu instituted Memorial Cash Prize Rs.1000/- in loving memory of her late Father Mr. B.Kondala Rao for the best outgoing student in III B.A. Spl.Telugu.
- ❖ **Myneni Lakshmi Devi Memorial Cash prize instituted by K.Srikanth Chowdhary for the best II degree Commerce Student.**

## Seminars/ Workshops & Papers Presented and Published

## ATTENDED WORKSHOPS BY THE STAFF

- ❖ Dr.P.Bujamma attended one day National Workshop on **Usage of fold scope in different ways** organized by Department of Zoology at Siddhartha Mahila Kalasala, Vijayawada on 31<sup>st</sup> July 2018.
- ❖ Dr.Sr.Shiny K.P. participated in **ONE Day National Workshop on ESL Classrooms:**

**Meeting Curricular and Corporate Goals** on 21<sup>st</sup> August, 2018 organized by the Dept.of English, KBN College (Autonomous), Vijayawada.

- ❖ Sr.Amul Mary participated in a one week Faculty Development Programme (FDP) on Machine Learning – Application & Framework at Sastra Deemed University Tanjavuru from 24<sup>th</sup> to 29<sup>th</sup> September, 2018.
- ❖ Mr.K.William Joseph, Department of Computer Science attended a UGC Workshop on Adoption, Promotion and Production of MOOCS for Swayam Platform organized by MHRD, Govt. of India SERO, Hyderabad at Moulana Azad National Urdu University, Hyderabad on 31<sup>st</sup> August 2018.
- ❖ Sr.Amul Mary and Ms.J.Suvarna Kalpana participated in Faculty Development Programme on **Cloud Infrastructure & Services** on 31<sup>st</sup> October to 5<sup>th</sup> November, 2018 at Andhra Loyola Institute of Engineering & Technology, Vijayawada.
- ❖ Dr..Sr.Shiny K.P, Principal, Ms.M.Aruna, NIRF Coordinator and Dr.P.M.Padmala, HOD, Mathematics attended a workshop on **NIRF – its Parameters at SRR& CVR College, Vijayawada on 18<sup>th</sup> September 2018 organized by C.C.E.**
- ❖ **Dr.Sr.Shiny K.P.** participated in **TWO Day National Conference on Changing Landscape of Higher Education in India and Impending Challenges** from 22 & 23<sup>rd</sup> September, 2018 organized by Xavier Board of Higher Education in India at CHRIST Deemed University, Bangalore.
- ❖ Ms.J.Vasundhara, Ms.J.S.Kalpana and Ms. D.UshaKranthi, Department of Computer Science attended a National Workshop on Data Analytics using R Programming at KBN College, Vijayawada on 24<sup>th</sup> & 25<sup>th</sup> September 2018.
- ❖ Dr.Sr.Shiny, Ms.G.Jyothi Olivia, Ms.P.Hemalatha, Dr.P.M.Padmala, Ms.M.Aruna attended a 3 day workshop on National Conclave cum War Room on Outcome Based Education at Andhra Loyola College in collaboration with C.C.E, from 26<sup>th</sup> to 28<sup>th</sup> October, 2018.



- ❖ Ms.J.Vasundhara , Dept of Computer Science attended one week work shop on MOOCS at NIT Warangal from 26<sup>th</sup> to 31<sup>st</sup> October 2018.
- ❖ Dr.Sr.Shiny K.P.,participated in **One Day National Workshop on Research Methodology: Approaches & Techniques** organized by the Department of English at PB Siddhartha College of Arts and Science, Vijayawada, on 3<sup>rd</sup> November, 20-18.
- ❖ Dr. Ch. Sarojini attended one day National Workshop on” Benefits and challenges of Inter disciplinary Research” organized by IQAC, KBN college, Vijayawada on 13<sup>th</sup> November 2018.
- ❖ Ms.P.ParimalaJyothi, Dr.P.Bujjamma, Ms.G.Naveena, and Ms.E.Pranavi attended one week workshop on MOOCS at NIT Warangal from 9<sup>th</sup> to 14<sup>th</sup> November 2018.
- ❖ Ms.D.VijayaLakshmi,Ms.M.Vanaja, Ms.T.Jyothshna and Ms.K.Arunodaya attended one week workshop on MOOCS at NIT Warangal from 19<sup>th</sup> to 24<sup>th</sup>November 2018.
- ❖ **22 Research papers were presented and 12 papers were published in this academic year by our faculty.** The Department of English - 7, Department of Telugu – 4, Department of Mathematics - 4 Department of Physics - 1, Department of Chemistry – 4, Department of Botany – 1, Department of Zoology – 4, Department of Humanities - 5, Department of Commerce– 2, Department of Computer Science – 1, Department of Home Science -1.
- ❖ Many staff members shared their expertise as Board of Studies in other colleges.

#### **NATIONAL SEMINARS/WORKSHOPS ORGANIZED IN THE CAMPUS - 2**

- ❖ The Department of English organized a Two Day National Seminar on “Language of Literature and Culture” on 22<sup>nd</sup> and 23<sup>rd</sup> November 2018.
- ❖ The Department of Telugu organised a Two day National seminar on Gnanapeetha puraskara Graheetha Dr.Ravuri Bharadwaja Saahithyam-Saamajika Spruha on 4<sup>th</sup> and 5<sup>th</sup> January 2019.

#### **STAFF AS RESOURCE PERSONS**

- ❖ Dr.Sr.Shiny K.P, Principal delivered a talk on **Getting Awareness on Cancer Treatment** for Dwacra Groups at Municipal Commissioner Hall,Tenali, organized by Dr.D.Sarada,Preventive Health Care ,Sarada Society ,Tenali ,on 6<sup>th</sup> November 2018.
- ❖ Mrs. K. Nirguna HOD of Chemistry delivered a lecture on **Ozone** in the occasion of Ozone Day celebration at VSR&NVR College, Tenali on 15<sup>th</sup> September 2018.
- ❖ Mrs.M.Aruna, lecturer in Zoology gave a talk on **Steps for Victory** on the occasion of Semi Christmas for all High School students by NSM Church at Tenali parish on 16<sup>th</sup> December 2018.

#### **Massive Open Online Course (MOOCs)**

- ❖ MOOCs Online courses were completed successfully by Eight M.Sc Mathematics students on Concepts of C-Programming, Six M.A.English students on Communicative English, Three M.Sc Chemistry students on Life Skills and Twelve M.Com students on Goods & Services Tax India (GST) to enhance their self learning skills and a few staff also completed MOOC Online courses.

#### **Institutional Social Responsibility**

- ❖ On **White Cane Day** an amount Rs.4, 000/- was collected from philanthropists of our college and sent to Blind Hospital, Madurai on 16<sup>th</sup> October, 2018.
- ❖ **Communal Harmony Week** was celebrated from 19<sup>th</sup> to 25<sup>th</sup> November, 2018. An amount of 4,600 /- was sent to the Secretary, Communal Harmony, New Delhi.
- ❖ **Distributed clothes to more than 150 HIV/AIDS victims**, orphans and widows from Kolakuluru, Kollipara, Tenali, Chavaripalem, Dundipalem and Chebrulu villages in collaboration with St.Mary’s Group of Institutions, Guntur on 21<sup>st</sup> December, 2018 and shared the joy of celebrating Semi-Christmas.
- ❖ The Management distributed **clothes to the old people of Sundarinagar, Pinnepadu, and Pedaravuru** villages on 23<sup>rd</sup> December, 2018.

- ❖ Donated Bed Sheets to Kerala Flood Victim's worth of Rs.30, 000/- in August 2018.
  - ❖ The Department of English visited Swadhar Home, Tenali and gave a motivational talk on Self Confidence by Ms.G.Jyothi Olivia on 20<sup>th</sup> September 2018.
  - ❖ The Department of Home Science visited Swadhar Home, Donating Cloths to Swadhar Home and Ms.P.Hemalatha Motivated the Swadhar Inmates on Better Future lies on Self-Confidence and Hard work on 13<sup>th</sup> October 2018.
  - ❖ **Solidarity Day** was observed on 20<sup>th</sup> November 2018 and the amount collected **Rs.51, 538/-** was contributed to educate the tribal children in Kondramutla.
  - ❖ The Departments of Zoology, Botany, Physics and Political Science organized Environmental protection programme by planting saplings in Sundaraiah Nagar colony, Tenali on 22<sup>nd</sup> September 2018.
  - ❖ The Departments of Zoology, Botany, Physics and Political Science conducted Clean and Green programme at Sundaraiah Nagar Colony, Tenali on 5<sup>th</sup> October, 2018.
  - ❖ 70 Cadets participated in Swachha Bharat Activity on 27<sup>th</sup> August, 2018. They carried out a Rally on Cleanliness Drive and gave slogans.
  - ❖ 20 NCC Cadets planted saplings near Mazid Centre, Angalakuduru on 5<sup>th</sup> September, 2018. Dr. D. Sarada gave training on Medical Awareness to the cadets on 7<sup>th</sup> September, 2018. Thirty three cadets benefited by the Programme.
  - ❖ Observed World AIDS Day on 1<sup>st</sup> December, 2018 in the college.
  - ❖ 50 NSS Volunteers participated in Swachh Bharath programme at Acharya Nagarjuna University on 15<sup>th</sup>&16<sup>th</sup> September 2018.
  - ❖ Organized **World Breast Feeding Week Celebrations** from 1<sup>st</sup> to 7<sup>th</sup> August 2018.
  - ❖ National Nutrition Week was celebrated from 1<sup>st</sup> to 7<sup>th</sup> September, 2018.
  - ❖ The Department of History conducted a School activity Zilla Parishad High School Angalakuduru on **29<sup>th</sup> September 2018.**
  - ❖ Department of Botany along with III B.Sc., students visited, Swadhar Home, Tenali and distributed the fruits & cakes to inmates on 1<sup>st</sup> December,2018.
  - ❖ The Department of Zoology conducted a school activity at KSM High school, Tenali on 1<sup>st</sup> December, 2018 Ms. N.Toshitha Bhargavi, M.Deepika, SK.Umme Salma, S.Sai Deepthi, explained on ECO-SYSTEMS, FOOD FROM ANIMALS, HEREDITY for X class students.
  - ❖ The Department of Zoology visited Swadhar home, Tenali on 15<sup>th</sup> December 2018.
  - ❖ The Departments of Physics, Botany, Zoology, and Chemistry organized a Science Exhibition for 9<sup>th</sup>&10<sup>th</sup> Class Students of various schools on 21<sup>st</sup> December 2018.
- EXTENSION ACTIVITIES**
- ❖ The Department of Telugu conducted a school activity at Chenchu Rama Naidu High School, Tenali on 13<sup>th</sup> July, 2018.
  - ❖ The Department of Computer Science organized a school activity for 8<sup>th</sup>&9<sup>th</sup> Class students of ZPH School, Kattevaram on 30<sup>th</sup> July 2018.
  - ❖ The departments of Zoology, Botany, Physics and Political Science **conducted a survey on Health, Hygiene and Education at Sundaraiah** Nagar Colony, Tenali on 27<sup>th</sup> August, 2018.
  - ❖ The Department of Politics organized a School activity for the 9<sup>th</sup>&10<sup>th</sup> Class Students of Municipal Girls High School, Tenali on 29<sup>th</sup> August 2018.B.A Students gave a talk on Importance of girl's education and problems of child marriage.
  - ❖ The departments of Zoology, Botany, Physics and Political Science **conducted Tree Plantation Drive at SundaraiahNagar Colony**, Tenali on 22<sup>nd</sup> September, 2018.
  - ❖ The Department of Economics conducted a school activity for 9<sup>th</sup>&10<sup>th</sup> class students of ZPH School, Angalakuduru on 29<sup>st</sup> September 2018.
  - ❖ The departments of Zoology, Botany, Physics and Political Science **conducted Swachh Bharat programme at Sundaraiah** Nagar Colony, Tenali on 5<sup>th</sup> October, 2018.

- ❖ The Department of Botany conducted a school activity programme at Viveka public school, Angalakuduru, on 7<sup>th</sup> December, 2018.

#### **Celebration of Unique Days**

- ❖ The Department of Chemistry celebrated **Environmental Day** on 15<sup>th</sup> June 2018 and International Yoga day on 21<sup>st</sup> June 2018.
- ❖ The Department of History celebrated **Alluri Sitaramaraju Jayanthi** on 4<sup>th</sup> July, 2018
- ❖ The Department of Commerce Celebrated **72<sup>nd</sup> Independence Day** on 15<sup>th</sup> August 2018.
- ❖ **Non Teaching Staff Day** was celebrated by the Department of Zoology on 6<sup>th</sup> September, 2018
- ❖ The Department of English celebrated **International World Literacy Day** on 8<sup>th</sup> September 2018.
- ❖ The Department of Economics celebrated **Mahathma Gandhi's 150<sup>th</sup> Birth Celebration** on 2<sup>nd</sup> October 2018,
- ❖ The Department of Hindi celebrated **Hindi Bhasha Dinotsavam** on 14<sup>th</sup> September, 2018
- ❖ **Founder's Day** was celebrated on 31<sup>st</sup> October 2018 by the Management.
- ❖ The Department of Political Science celebrated **Constitution Day** on 26<sup>th</sup> November 2018.
- ❖ Semi Christmas was celebrated on 22<sup>nd</sup> December 2018.

#### **THEME OF THE YEAR 2018-19**

- ❖ The theme for the academic year 2018-19 was **Promoting Eco-Friendly Environment & Gender Sensitization**. All the departments conducted various activities focusing on the theme to promote Eco-Friendly environment and Gender sensitization.

#### **STUDENTS ACHIEVEMENTS**

- ❖ G.Vijaya Durga Bhavani III B.Sc won 1<sup>st</sup> Prize in Elocution competition conducted by Sri Swami Viveka Nanda Seva Samithi, Bapatla on 24<sup>th</sup> August 2018.
- ❖ Ms.M.Mounika I Degree CBZ received state level 2<sup>nd</sup> Prize in All India Essay Writing Event 2018 in Hindi, organized Sri

Ramachandra mission Chennai on 13<sup>th</sup> January 2019

#### **CONDUCTED SEMINARS/WORKSHOPS FOR STUDENTS**

- ❖ The Dept. of Zoology organized **Regional Level student Seminar** on Patent Rights & Vermi Culture, Vermi Compost & Vermi wash for CBZ students on 10<sup>th</sup> January 2018. The resource person was Mr. A. Raghurammi Reddy, General Secretary, Neelagiri Foundation, Atmakur, Mangalagiri.
- ❖ Organized one day workshop on **Benefits of Meditation and Leadership** by Mr.K.Suresh Reddy, Trainer in Vedic Maths, Hyderabad for all Degree students on 7<sup>th</sup> July, 2018.
- ❖ Organized a workshop on **New Destiny** by World Youth Change Makers (WYCM) and O & O Academy, Chittoor, AP on 21<sup>st</sup> July, 2018.
- ❖ Organized a workshop on Speed Maths by Mr.D.Srinivas Rao, M.Sc.Psychologist, Skill Development Trainer from Multi Skills Development Academy, Tenali for B.Sc MPC students.
- ❖ Organized one day workshop on Mind Power, Time Management and Effective Communication Skills for all Degree and PG students by Mr.S.Kumar, Freelance Motivational Speaker and Soft Skills Trainer, Vijayawada on 17<sup>th</sup> November, 2018.

#### **ACTIVITIES OF VARIOUS DEPARTMENTS**

##### **DEPARTMENT OF ENGLISH**

- ❖ Organised **Recitation of Poetry Contest** for all I Degree students on 26<sup>th</sup> July, 2018.

##### **DEPARTMENT OF TELUGU**

- ❖ Conducted a survey on School dropouts at Kopalle on 26<sup>th</sup> September, 2018.
- ❖ Organized a Debate competition on Women's Rights for all Degree students on 10<sup>th</sup> September, 2018.

##### **DEPARTMENT OF SANSKRIT**

- ❖ Conducted an Essay writing competition for all Degree students on 28<sup>th</sup> July, 2018

##### **DEPARTMENT OF HINDI**

- ❖ Conducted Dohe Competition on Kabir Das for I & II Degree students on 14<sup>th</sup> July 2018.

## DEPARTMENT OF MATHEMATICS

- ❖ Conducted an Essay writing competition on **Protection of Motherland** (Environmental Protection) for all Degree and PG Students on 18<sup>th</sup> July 2018.
- ❖ Organized a workshop on Use of Vedic Mathematics in Competitive Exams by Mr.D.S.Rao,Trainer for Competitive Exams for all Degree and PG students on 4<sup>th</sup> August 2018.
- ❖ IIB.Sc. students attended the Mana T.V. Programme on Permutations in Audio Visual Room on 7<sup>th</sup> September 2018.
- ❖ Organized a Quiz competition on Vector Calculus for final Degree Mathematics students on 3<sup>rd</sup> October 2018.
- ❖ IIB.Sc students attended Mana T.V.Programme on Laplace Transformson 9<sup>th</sup> January 2019.

## DEPARTMENT OF PHYSICS

- ❖ Organised Inter collegiate paper presentation competition at University Level on the topic Black Holes on 24<sup>th</sup> September 2018. Students from various colleges participated in this competition. The guest of the day was Dr. K. Srinivasa Rao, Lecturer in Physics, PBN College, Ponnuru.

## DEPARTMENT OF CHEMISTRY

- ❖ Prepared Lord Ganesha idols during Ganapathi Navarathrulu and distributed to the Students on 11<sup>th</sup> September 2018.

## DEPARTMENT OF BOTANY

- ❖ Organized poster presentation competition on Environment Protection on 22<sup>nd</sup> August, 2018.
- ❖ Organized Tree Plantation Drive at Sundaraiah Nagar Colony, Tenali on 22<sup>nd</sup> September, 2018.
- ❖ Conducted a survey on Government Schemes at Sundaraiah Nagar Colony, Tenali on 27<sup>th</sup> August, 2018.
- ❖ Organized Swachha Bharath programme at Sundaraiah Nagar Colony, Tenali on 10<sup>th</sup> October, 2018.
- ❖ Organized a Science Exhibition for 9<sup>th</sup>&10<sup>th</sup>

Class Students of various schools on 21<sup>st</sup> December 2018.

## DEPARTMENT OF ZOOLOGY

- ❖ Organized an Elocution Competition on Role of Youth to Protect Environment from Air Pollution on 29<sup>th</sup> Aug, 2018.
- ❖ Prepared the students for Intercollegiate Quiz Competition in Zoology organized by Dept of Zoology, AC College, Guntur on 29<sup>th</sup> August, 2018.

## DEPARTMENT OF HOME SCIENCE

- ❖ Conducted world Breast Feeding week Celebrations from 1<sup>st</sup> to 7<sup>th</sup> August 2018.
- ❖ National Nutrition Week was celebrated from 1<sup>st</sup> to 7<sup>th</sup> September, 2018.
- ❖ Conducted poster presentation competition for all B.sc Home Science students on 4<sup>th</sup> September 2018.
- ❖ Celebrated International Day for Elderly People on 1<sup>st</sup> October 2018.
- ❖ Organized a Symposium on Young People and Mental Health in a changing world on the occasion of **World Mental Health Day** on 10<sup>th</sup> October 2018.
- ❖ On the eve of **World Diabetes Day** the staff and students participated in the Health Awareness programme on Theme of A Silent Killer Disease on 14<sup>th</sup> Nov, 2018.
- ❖ Participated in **Our State – Our Taste** Cookery competition to Women of Krishna & Guntur Districts at Radha Krishna Kalyana Mandapam ,Tenali on 24<sup>th</sup> November, 2018.

## DEPARTMENT OF COMMERCE

- ❖ Conducted 72<sup>nd</sup> Independence Day Celebrations on 15<sup>th</sup> August, 2018.

## DEPARTMENT OF ECONOMICS

- ❖ Conducted a Quiz competition on Protection of Environment for B.A students on 20<sup>th</sup> July 2018.
- ❖ Conducted a Seminar and Paper presentation programme on Gender Sensitization for all Degree students on 29<sup>th</sup> September 2018.
- ❖ Organized an Elocution competition on Life and Activities of Mahatma Gandhi for all Degree students on 1<sup>st</sup> October 2018.

#### DEPARTMENT OF POLITICAL SCIENCE

- ❖ Conducted an Essay writing competition on Environmental Protection for all B.A Students on 25<sup>th</sup> July 2018.
- ❖ Organized a Guest Lecture on the topic Gandhian Ideal a Rural Economy by Dr.K.Soma Sekhar HOD of Rural Development, ANU for all B.A students on 28<sup>th</sup> September 2018.

#### DEPARTMENT OF HISTORY

- ❖ Organized an Elocution Competition on Infant Mortality Rate for all Degree students on 28<sup>th</sup> July, 2018.

#### DEPARTMENT OF COMPUTER SCIENCE

- ❖ Organized JAM Programme for III B.Sc MCS, MPCS students on 14<sup>th</sup> August 2018.
- ❖ Conducted a Test on Programming skills in C Programming for II Degree Computer Students on 12<sup>th</sup> September 2018.
- ❖ Conducted a Quiz competition on Computer Fundamentals for II Degree Computer Students on 4<sup>th</sup> January 2019.

#### DEPARTMENT OF LIBRARY SCIENCE

- ❖ Celebrated National Library Week from 14<sup>th</sup> to 21<sup>st</sup> Nov 2018.

#### INDUSTRIAL TOURS/EDUCATIONAL TOURS/FIELD TRIPS

DEPARTMENT	PLACE	DATE
Zoology	Poultry farms at Kopalle and Gudivada Bird Sanctuary at Uppalapadu Fish Breeding Centers at Kuchipudi and Pedaravuru	5 <sup>th</sup> July 2018 21 <sup>st</sup> July 2018 9 <sup>th</sup> August 2018.
Telugu,	Dhawaleswaram Project, Rajahmundry	29 <sup>th</sup> September 2018.
Economics	Odarevu Beach, Chirala	30 <sup>th</sup> September, 2018
Chemistry	Industrial Estate, Sultanabad Tenali	3 <sup>rd</sup> October 2018
Physics	Thermal Power Station, Nellore	24 <sup>th</sup> November 2018
Consumer Club	District Court, Guntur	9 <sup>th</sup> January 2019
English	Vijayawada Book Exhibition, Vijayawada	10 <sup>th</sup> January 2019

#### GUEST LECTURES CONDUCTED

- ❖ The Department of Chemistry organized a Guest Lecture on **How to Learn without Stress** by Swami Nirmalananda, Art of Living International Ashram, Bangalore on 23<sup>rd</sup> July 2018.
- ❖ The Department of Physics arranged a guest lecture on **Environment Protection and Global Issues** by Dr.Paul Divakar HOD, Physics Sir CR Reddy College, Eluru on 28<sup>th</sup> July 2018.
- ❖ The Department of Computer Science arranged a Guest Lecture on Photoshop by Mr.S.Gopi, Director, Gopi Digex for I B.Sc and I B.Com Computer students on 30<sup>th</sup> August and 14<sup>th</sup> September 2018.
- ❖ The Department of English arranged a guest lecture on **Communication for Graduates** by Dr.Shakeela Noorbasha, ANU for II Degree students on 6<sup>th</sup> October 2018.
- ❖ The Department of Home Science arranged a guest lecture on **Importance of Nutrition in**

**one's Life** by R.Jayalakshmi, on 5<sup>th</sup> October, 2018.

- ❖ The Department of Botany arranged a guest lecture on **Ethno Botany and Medicinal Plant** by Mrs.Naga Jyothi, Lecturer in Botany, Phirangi puram on 28<sup>th</sup> November, 2018
- ❖ The Department of English arranged a guest lecture on **Quality in Curriculum Management** by Dr.M.Nalini, Principal SDMK College, Vijayawada on 21<sup>st</sup> January 2019.

### ENDOWMENT LECTURES

The following departments organized Endowment Lectures;

- ❖ The Department of Physics organized an Endowment Lecture in commemoration of Sr.Mercy Chako, former HOD and Principal, JMJ College for Women on the topic Semiconductor by Dr.K.Srikanth HOD, Physics, PBN College, Ponnuru on 4<sup>th</sup> September 2018.
- ❖ The Department of Botany organized an Endowment Lecture on Somatic Hybridization of Somatic Variations, Molecular Markers by Dr. V. E. V Sekhar, Lecturer, AC College, Guntur on 3<sup>rd</sup> October, 2018.
- ❖ The Department of English organized an Endowment Lecture on New **Perspectives in Teaching and Learning English** by Dr. G. Mohan Acharyulu, Associate Professor in English, VFSTR, Vadlamudi on 10<sup>th</sup> December, 2018.
- ❖ The Dept.of Zoology arranged an Endowment Lecture in loving memory of Mrs.K.Emma Mary, Late Former Lecturer in zoology on **Classification and Brief Description of Various Types of Hypersensitivity** by Dr.N.Ankamma, Assistant Professor, Department of Zoology, Govt. Degree College for Women, Guntur on 30<sup>th</sup> December 2018
- ❖ The Department of Home Science arranged an Endowment lecture by Ms. K.Krishna Kumari on **Quality Education in Home Science** on 5<sup>th</sup> January 2019.

### IQAC

The IQAC organized several sessions/workshops for faculty, students, administrative and support staff. The Cell ensures that quality

parameters are sustained and enhanced through review and analysis of programmes.

### NCC

The NCC Unit of the College has several accomplishments to their credit.

- ❖ 62 Cadets took part in the celebrations of International YOGA Day at JMJ College Mini Auditorium on 21<sup>st</sup> June, 2018.
- ❖ Mega March Past was carried out by NCC Cadets to honour the NAAC Peer Team Members on 26<sup>th</sup> June, 2018. NAAC Peer Team **appreciated the NCC cadets for their excellent performance.**
- ❖ A Bridge Course was conducted by Capt. S. Uma Maheswari for the I-Degree students on 6<sup>th</sup> July, 2018. 80 Students took part in the course.
- ❖ Enrolment Programme was carried out by PI Staff, 10 Girls Battalion, Guntur, on 7<sup>th</sup> July, 2018. 70 students attended the event and 42 got selected for the First Year NCC Training.
- ❖ 10 Cadets participated in CATC – II, at Reddy College- Guntur from 10<sup>th</sup> to 19<sup>th</sup> July 2018.
- ❖ 16 Cadets attended CATC – IV, at Reddy College- Guntur from 5<sup>th</sup> to 14<sup>th</sup> August 2018.
- ❖ 4 Cadets participated in CATC IV (A) at Srikakulam from 7<sup>th</sup> to 16<sup>th</sup> August 2018.
- ❖ 15 Cadets performed March Past during Independence Day Celebration on 15<sup>th</sup> August, 2018 in the College Premises.
- ❖ 70 Cadets participated in Swachh Bharat Activity on 27<sup>th</sup> August, 2018. They carried out a Rally on Cleanliness Drive and gave slogans.
- ❖ Certificate B Cards are distributed to 28 Cadets who passed B Examination. on 31<sup>st</sup> August, 2018
- ❖ 20 NCC Cadets planted saplings near Mazid Centre, Angalakuduru on 5<sup>th</sup> September, 2018, Dr. D. Sarada gave training on Medical Awareness to the cadets on 7<sup>th</sup> September, 2018. Thirty three cadets benefited by the Programme.
- ❖ One Day Work Shop was conducted on **Work for a Healthy India** by Dr Sarada MBBS, DGO on 11<sup>th</sup> September 2018.

- ❖ A Rally on Swachh Bharat Programme was organized by NCC Cadets in Angalakuduru Village on 14<sup>th</sup> September, 2018.
- ❖ A Cleanliness Programme was organized in Tenali Bus Station by our NCC Unit on 15<sup>th</sup> September 2018 under Swachhatha hi Seva Programme.
- ❖ A Mega Event was conducted by our NCC Cadets on Cleanliness of Tenali Market Area during Swachh Bharat Programme under the Supervision of Dr. V. Ramana, Medical Officer, Tenali Municipal Corporation on 25<sup>th</sup> September, 2018.
- ❖ 9 Cadets attended CATC - VI, at Reddy College- Guntur from 7<sup>th</sup> to 16<sup>th</sup> October 2018.
- ❖ 29 Cadets participated in CATC VII, at Secunderabad from 17<sup>th</sup> to 26<sup>th</sup> October 2018.
- ❖ World AIDS Day was observed on 1<sup>st</sup> December, 2018.
- ❖ Sergeant Sonia Gandhi and Corporal M. Thriveni received NCC Medals from Group Commander Col. Shaji John during NCC Day Celebrations for their performance in IGC Camp at Secunderabad.
- ❖ Three Cadets got the opportunity to participate in Special National Integration Camp at Amrithsar in the month of January, 2019. They explored the importance of NCC in Nation Building.
- ❖ Two Cadets participated in Ek Bharat Srestra Bharat Camp at Acharya Nagarjuna University, Guntur.
- ❖ NSS Volunteers participated in Swachhtha Rally on 29<sup>th</sup> September 2018. Smt. S.Sakunthala Devi, Municipal Commissioner, Tenali and Dr.B.V.Ramana Municipal Doctor were the Guests of the Day.
- ❖ An Awareness Programme on Voluntary Blood Donation was conducted in associated with St.Joseph's General Hospital, Guntur on 3<sup>rd</sup> October 2018. Sr.M.Inyasamma, Lab Technician from St.Joseph's General Hospital was the resource person.
- ❖ Participated in Grama Darshini programme at Angalakuduru in October on every Saturday of the month.
- ❖ Conducted an Essay Writing competition for students on the eve of World AIDS Day on 1<sup>st</sup> December 2018.
- ❖ NSS volunteers attended in 6<sup>th</sup> round Janmabhumi Maavuri programme at Angalakuduru from 2<sup>nd</sup> to 11<sup>th</sup> January 2019.

### Games & Sports

Our players have excelled in various Sports events and have become University Representatives in various tournaments at the State and National Levels.

### NSS

#### The NSS Unit have organized and participated in various activities.

- ❖ International Yoga Day was celebrated on 21<sup>st</sup> June 2018.
- ❖ Organized Tree Plantation Drive in our college on 25<sup>th</sup> August 2018.
- ❖ Participated in Swachh Bharat programme at ANU from 14<sup>th</sup> to 16<sup>th</sup> September 2018.
- ❖ 50 NSS Volunteers participated in Swachh Bharath programme at Acharya Nagarjuna University on 15<sup>th</sup>&16<sup>th</sup> September 2018.
- ❖ Wrestling selections were conducted by Department of Physical Education, ANU on 12<sup>th</sup> September, 2018. Our college wrestler G.Sravani, I B.A was selected for ALL INDIA INTER University Team.
- ❖ ANUIC Kho-Kho Tournament was organised by Dhanalakshmi College of Physical Education, A.Muppalla on 20<sup>th</sup>&21<sup>st</sup> September 2018. Our College got fourth place and B.Madhavi of IB.A selected for University Team.
- ❖ AP CM CUP under 19 yrs Tournament was organised by Krishaveni College, Sattenapalli on 22<sup>nd</sup> September. Our College under 19 yrs Volleyball players won the **CM Cup Volleyball Tournament** and 5 players were selected for State Meet which was held at Chittore from 11<sup>th</sup> to 14<sup>th</sup> October 2018.
- ❖ ANUIC Volley Ball Tournament was organised by DS Govt.College for Women, Ongole on 26<sup>th</sup>&27<sup>th</sup> September, 2018. Our college secured 4<sup>th</sup> place. V.Guru Lakshmi of I B.Sc was selected for University Team which

will be held at KL University, Vaddeswaram, AP.

- ❖ P.Ramya of II B.A was selected for Junior Athletic State Meet which was held at Visakhapatnam from 3<sup>rd</sup> to 6<sup>th</sup> October 2018. In this meet our student won the Gold medal in Triple jump, Silver medal in Long jump.
- ❖ P.Ramya was selected for ANU Kabbadi Team and for Senior Nationals in Wrestling and participated at Gonda, U.P from 30<sup>th</sup> November to 6<sup>th</sup> December 2018.
- ❖ ANUIC Table Tennis Tournament was hosted by our JMJ College on 16<sup>th</sup>&17<sup>th</sup> November 2018.
- ❖ Our students secured Two gold Medals, Two silver and two Bronze in Weight Lifting and One Gold, Two Silver and Two Bronze in Power lifting in ANUIC Weight Lifting and Power Lifting tournaments organized by PAS College Pedanandipadu on 5<sup>th</sup>&6<sup>th</sup> November 2018.
- ❖ ANUIC Ball Badminton Tournament was hosted by JMJ College on 14<sup>th</sup>&15<sup>th</sup> December 2018. Our College secured 1<sup>st</sup> Place and four players were selected for All India Inter University Tournaments.
- ❖ Ms.K.Aruna Sujatha our Physical Directress was appointed as a Tester for APDSC PET's Test at ANU from 11<sup>th</sup> to 13<sup>th</sup> January 2019.
- ❖ Organized Annual Sports Day on 17<sup>th</sup> January 2019.

#### PLACEMENT CELL

The college helps each student in exploring placement opportunities by inviting various companies for campus recruitment of students who are in the final year of the programme and are likely to graduate at the end of the academic year.

#### The Activities Undertaken by the Placement Cell are:

- ❖ JKC training was given for all III Degree students on Analytical skills, Communication skills and Computers from 12<sup>th</sup> April to 26<sup>th</sup> May 2018.
- ❖ Organized an Awareness programme on Computer Based Online Tests for I degree

students by Mr.K.Ramesh ICICI Bank, Guntur on 9<sup>th</sup> July 2018.

- ❖ Organized a Guest Lecture on **Aptitude** by Mr.D.Nagi Reddy, Trainer from APSSDC in Skill Development Centre for I B.Sc M.P.Comp, M.S.Cs.Students on 17<sup>th</sup> July 2018.
- ❖ 97 students were selected in Off Campus Drive by Flextronics PVT Ltd. Nellore in collaboration with APSSDC on 4<sup>th</sup> October 2018.
- ❖ 12 students were selected in SKANDA SOLUTIONS, Guntur off Campus drive organized by APSSDC on 4<sup>th</sup> October 2018.
- ❖ 86 students were selected in Off Campus drive by ICICI BANK on 7<sup>th</sup> December 2018.
- ❖ Supriya Tumati- III B.Sc M.P.C was selected in Infosys BPO Limited, Bangalore in a Campus Drive at Bapatla Engineering College, Bapatla on 15<sup>th</sup> to 17<sup>th</sup> December 2018.

#### RESEARCH COMMITTEE

- ❖ Research committee demonstrated the use of instruments like Uv Spectro Photometer Gel Electro PhoresisIR, Uv Spectra to different compounds using spectral data in IDRC, for III B.Sc students in October, December 2018 and January 2019 and motivated the students to do research in future.

#### INNOVATION, INCUBATION AND ENTREPRENEURSHIP CENTRE

- ❖ Dr.K Niramala Jyothi, Department of Chemistry attended MHRD INNOVATION Cell at AICTE Auditorium, New Delhi, on 30<sup>th</sup> August, 2018. We received appreciation certificate from MHRD, New Delhi.

#### PARENT TEACHER MEET

- ❖ Parent Teacher meet was arranged for Intermediate students on 9<sup>th</sup> December, 2018 and for Degree Students on 11<sup>th</sup> January 2019.

#### RED RIBBON CLUB

- ❖ Organized an orientation programme on **Significance of Red Ribbon Club** for 1<sup>st</sup> Degree students, on 7<sup>th</sup> July 2018.
- ❖ Organised World AIDS Day on 1<sup>st</sup> December, 2018.



## ECO CLUB

- ❖ Conducted an Essay writing competition on **Environmental Protection** for all Degree students on 25<sup>th</sup> July, 2018.

## FACULTY FORUM

- ❖ Dr.R.Poornima, Lecturer in Political Science delivered a faculty forum Lecture on **Theory of Motivation by Abraham Maslow** on 27<sup>th</sup> July 2018.
- ❖ Ms.K. Pameela, HOD Botany delivered a faculty forum lecture on **Medicinal Plants in our daily Life** on 25<sup>th</sup> August 2018
- ❖ Ms. P. Parimala Jyothi, Department of Chemistry delivered a talk on **Food Adulteration** on 29<sup>th</sup> September, 2018.
- ❖ Ms.B.Mary Kumari, Department of Telugu delivered a talk on **Paruchuri VenkateswaraRao Nataka Sahithyamlo Ithivrutha Vislashana** on 29<sup>th</sup> November 2018.
- ❖ Ms.J.Suvarna Kalpana, Department of Computer Science gave a Lecture on Introduction to HTML on 8<sup>th</sup> January 2019.

## STUDENT WELFARE COMMITTEE

### CONSUMER CLUB

- ❖ Conducted Consumers Rights Awareness Programme in Z.P High School, Angalakuduru on 11<sup>th</sup> December, 2018.

### AICUF

- ❖ AICUF unit Organized Women Education Programme at Sultanabad, Tenali on 10<sup>th</sup> December, 2018.
- ❖ Celebrated Semi Christmas at Sub Jail, Tenali on 14<sup>th</sup> December 2018.

### CULTURAL CELL

- ❖ Sree Ramakrishna Seva Samithi, Bapatla, conducted Vivekananda Cultural Competitions from 23<sup>rd</sup> to 27<sup>th</sup> August 2018. 20 students got prizes in various competitions
- ❖ 32 Degree students participated in various competitions in Youth Festival held at Acharya Nagarjuna University from 15<sup>th</sup> to 17<sup>th</sup> September 2018.
- ❖ Sk.Asma I B.Sc and G.Durga Bhavani III B.Sc Secured Prizes in Painting and Elocution

respectively in Yuvajanostavam held at RVR College of Education, Guntur on 28<sup>th</sup> September 2018.

- ❖ Sk.Asma I B.Sc got 2<sup>nd</sup> Prize in Painting and G.Durga Bhavani III B.Sc got 2<sup>nd</sup> Prize in Elocution in Yuvajanostavam held at Hindu College of Education, Guntur on 1<sup>st</sup> October, 2018.
- ❖ Our Students participated in various competitions conducted by Pragna Debating and Quiz club at KBN College Vijayawada on 30<sup>th</sup> November, 2018.
- ❖ Our College students participated in Youth Parliament (Yuva Sabha) organized by the Department of Youth services society for training and employment promotion, Guntur in collaboration with the Youth Advancements and tourism culture Department at K.Chandrakala PG College, Burripalem Road, Tenali on 1<sup>st</sup> December 2018.
- ❖ Organized an Inter Collegiate Elocution competition on the Role of Ambedkar in the formation of Indian Constitution on 21<sup>st</sup> January 2019.

## WOMEN EMPOWERMENT CELL

- ❖ Conducted Three Days Workshop on Fabric Painting at Mini Auditorium, JMJ College on 9<sup>th</sup> to 12<sup>th</sup> June 2018.
- ❖ Conducted SABALA Programme on "Athivala Athmasthairyam" on 13<sup>th</sup> August 2018.
- ❖ Conducted Nutritional Awareness Programme at ZPH School, Kattevarm, Tenali on 15<sup>th</sup> September 2018.
- ❖ Arranged a symposium on Eve Teasing on 20<sup>th</sup> November 2018.

## ANTI RAGGING CELL:

- ❖ Anti-Ragging Cell & Anti-Sexual Harassment Cell conducted an Awareness programme on **Anti-Ragging Measures** for all Degree students on 26<sup>th</sup> June, 2018.
- ❖ Conducted a Debate Competition on Gender Equality on 17<sup>th</sup> August, 2018.

## YOUTH RED CROSS

- ❖ Arranged an orientation programme on **Youth Red Cross** on 12<sup>th</sup> September 2018.
- ❖ The Youth Red Cross Society along with Red Cross Society Tenali, distributed clay idols of Ganesh to community to promote use of clay idols instead of using colours to reduce pollution on 12<sup>th</sup> September 2018.
- ❖ Students volunteered for a Health Camp organized by Indian co-operative Bank and Red Cross Society, Tenali, on 19<sup>th</sup> September 2018.
- ❖ Participated as volunteers in Sahasra Rudrabhishekam at Tenali Market Yard on 12<sup>th</sup> November 2018.
- ❖ Participated in a Rally on SABALA MELUKOLUPU organized by Guntur Rural District Police on 14<sup>th</sup> December 2018.

## COUNSELING CELL

- ❖ The cell counseled the staff and students as per their need and encouraged them to see the positive side of life.
- ❖ Visited Swadar Home and counseled the inmates.

## COMMUNITY COLLEGES

- ❖ Celebrated Inaugural function on 21<sup>st</sup> August 2017 and conducted various training and skill development programmes like flower making, sari designing etc. to enable the community College students to secure a job.

## HOSTEL ACTIVITIES

- ❖ Various events like Daily Mass, Freshers Day, Talent Show, Talks, Workshops, Retreat, competitions etc. along with study hours organized in the Hostel to create a pleasant ambience. I thank the Hostel Administrators, wardens and the employees for their devoted service.

## CONCLUSION

I thank God Almighty for guiding JMJ College for Women throughout this academic year and showering His blessings on the administration, officials, Teaching and Non-teaching staff and students of this institute of Higher Education. We are grateful to many individuals who support us, collaborate with us and work tirelessly to ensure the smooth functioning of our day to day activities.

I express my sincere thanks to **Dr.Sr.Theresamma Gade**, the Correspondent, **Sr.Amul Mary**, the Vice Principal and all the members of the **Management and the Community Sisters for their great support.**

I express my sincere thanks to our Chief Guest **Dr.A.S.Ramakrishna**, Member of Legislative Council (MLC), Guntur- Krishna Districts, A.P., and our Guests of Honour **Sri.M.Sreenivasa Rao**, Revenue Divisional Officer (RDO), Tenali and **Dr.K. Dhanalakshmi**, our Alumnae, Associate Professor in Sociology & Social work, ANU for their valuable presence today at the 56<sup>th</sup> College Day function.

I wholeheartedly thank the Heads of the Departments, IQAC Co-ordinator, Deans, NCC Officer, NSS Programme Officer, the Director of Physical Education, Administrative Officer (AO), various Committee members, teaching & Non-Teaching staff for sharing my responsibility and helping me in every possible way. I thank the Student representative, College & Class leaders, NCC, NSS & AICUF volunteers and all the students for their active participation and voluntary service to the institution.

I heartily thank **Dr.P.Mary Padmalatha**, Ms. **T.Sireesha** for preparing the Annual Day Report and the **Cultural Committee** and all others who have extended their support for the success of this function.

I express my gratitude to Rev. Fathers, sisters, invitees, parents, Alumnae for being with us today.

I acknowledge the support and service extended to the College by the UGC, ANU, Andhra Pradesh State Council of Higher Education, RJD office members, Government of Andhra Pradesh, our benefactors, and well wishers, Print and Electronic Media.

We move forward with great hope firmly believing in the words of our Founder Rev. Fr. Mathias Wolff that "I wish to work like a giant, certain of God's continual help" to produce young people of quality for the Nation.

**Thank you one and all.**

***May God Bless You.***

**Dr. Sr. SHINY K.P**  
**Principal**

→ PART - II ←  
**ARTICLES**

**FAILURE**

In shadows cast by dreams untold, Where hope once shone and hearts were bold,  
Lies the path that Failure weaves, An intricate dance of shattered beliefs.

Failures, oh failures, we fear you so, Yet within your grasp, lessons grow.  
For in defeat, we seek to strive, To learn, to grow, to truly thrive.

As dreams lay shattered, scattered like debris, The flames of resilience shall set us free.  
For failure, my friend, is not the end, But a chance to rise, to transcend.

Through valleys of doubt and rocky terrain, We find strength, though tears may rain.  
For in the face of setbacks and despair, It's failure that unveils our hidden flair.

The greatest minds, the artistry divine, Have tasted failure, time after time.  
But through persistence and unwavering will, They found the power to conquer still.

So let us not be defined by our defeat, But by how we rise, our mission complete.  
For failure, though painful, is not a foe, But a teacher, guiding us where to go.

Embrace each stumble, each setback's sting, For in failure's caress, new beginnings sing.  
And as we strive with fervor anew, We'll find success born from lessons true.

So let us not fear the failures we face, But embrace them with courage, fierce grace.  
For in the depths of failure's abyss, Lies the seed of triumph, if we persist.

**Ms. E. Pranavi**

*Lecturer in English  
Department*

## DWARF, DIVINE AND DRAUGHT RESISTANT : CHITTOOR'S PRIDE

*Dr. P. Bujjamma*

Lect. In Zoology Department

An indigenous breed of cattle, which can give pressing competition to the other cattle breeds: Punganur dwarf cow, is a special and rare breed of cow which originated from Chittoor district in Andhra Pradesh. The breed is named after the town of its origin, Punganur, in Chittoor district situated in the south-eastern tip of the Deccan Plateau. It is not officially recognized as a breed since there are only a few animals remaining. There are many aspects which makes this cow different from all others and special amongst the herd. Where generally the fat content in cow's milk would be around 3-3.5 %, milk of this cow contains fat content of about 8%.



This dwarf cattle has an average height of 70 to 90 cm and is weighed about 115 to 200 kg. The cow has an average milk yield of 3-50 L/day and has a daily feed intake of just 5 kg. It is highly drought resistant, and able to survive exclusively on dry fodder. Punganur is one of the very few smallest cattle breed in the world. The downward back sloping, from front to hindquarters animal's tail touches the ground. Talking of the horns, It has slight mobile horns, almost flat along the back and normally at different heights from each other.

Punganur cattle can be seen in different colours. Some camouflaged animals with red, brown or black colored patches mixed with white colour can also be seen. Not just this, the milk of this cow has medicinal properties. Perhaps, that is why the Tirumala Tirupati Devasthanams (TTD) has about 200 Punganur cows in its cattle-yard. Ghee prepared from the milk of these cows is being used in 'archana' (offering) for Lord Venkateswara. The Punganur cow's milk is as well used for the offerings for the Lord in Tirupati temple. It is used for the ksheera abhishekham and the ghee is used for the famous Tirupati Laddu. The medicinal properties of the cow is being recognized, especially in south India.

The Punganur is on the verge of extinction, with some 60 odd animals remaining. This decline is mainly due to the Indian Government's 2013 objective of 'bettering' Indian cattle breeds with Holstein-Friesian and Jersey cattle traits from developed countries and banning the rearing of native bull breeds. The remaining Punganur cattle are being reared mainly on the Livestock Research Station, Palamaner, Chittoor district, attached to SV Veterinary University. A small informal group of private breeders are also working on reviving the breed.

## THE INDIAN GIRL

**Mrs. Dr. M. Aruna**

Head of the Department of Zoology

If there is a girl child in the household, there are many thoughts running inside the heads of her parents about their daughter. And these thoughts may be about security, behavior, education, future, and even about her marriage in some cases.

When the baby girl is just born; here come the relatives pitying the parents or even in some cases the father/grandparents will also be disappointed that they won't even look at the baby. Those grandparents and father are really missing the prettiest smile and escaping the stare from the most sparkling eyes.

If the girl attained her adolescence here comes the aunty saying that "Your daughter is growing, now stop her from studying and let her work in the kitchen."

When the parents don't listen to such aunties' words and let their daughter study, one day the same aunty shall clap for the achievement of the girl as the gold medalist and even she introduces that girl as her own blood relative to the crowd. She may also say that the girl takes after her aunty in intelligence.

If the girl wants to work at a company after completion of her studies here comes the uncle saying that "Let her work and she may achieve great heights one day ." The parents let her work as they already knew the potential of their own daughter.

The girl started working, she is receiving high pay. She even got promoted to a higher position after her hard work for the company. Knowing this news here comes the jealous uncle who has two sons of the same age as the girl, eldest son: working for the lowest pay, whereas the younger one: is still unemployed even after completing his studies years ago; saying that "No women in our family work outside like a man. She is behaving like a man. If this continues she will never listen to anyone.

If the girl gets married, here comes the mother-in-law saying that "A woman should be obedient to his husband and devoted to her family, nothing else is important ."

She obeyed these words and decided to take a short break from her career and wanted to experience life in a different way; as a homemaker. After a couple of months here comes the sister questioning the girl "what are you doing with your gold medalist brain? Staying home all day." The girl smiled and kept calm.

A few years passed and the girl is blessed with a baby boy.

After a couple of years, she again started to work again with joy and different experiences as a homemaker for some years. Here comes the brother questioning her "Do you really love your family? I don't think so..cause women should take care of their family dedicatedly without anything more important than family in their life. " She was really disappointed at her brother's type of view about women.

Some days she is a warrior.  
Some days she's a broken me  
Most days, she's a bit of both  
But every day she's there.  
Standing. Fighting. Trying.



# 6 TYPES OF TOXIC PEOPLE

## THE ENERGY DRAINER



They make you feel tense  
They put you down for no reason  
Can't be happy for other's good fortune

## THE FAKE COMPLIMENTER



Gives you fake compliments  
Lacks empathy  
Puts you in uncomfortable positions

## THE PESSIMIST



Talks down to you to make themselves feel better  
Only cares about themselves  
Tries to talk you out of your dreams

## THE CRITICISER



Doesn't support you in your decisions  
Criticizes every move you make  
Makes you feel like you can't do anything right

## THE MANIPULATOR



Tries to control everything  
Pretends to like you and other people  
Wants to make every decision for themselves and others

## THE VICTIM



Blames others for their misfortune  
Constantly seeks attention from others  
Talks mostly about their excuses for failing

You will find them around you or maybe they have some traits that work on them  
But remember....."SHE CAN ALWAYS HANDLE AND BALANCE BOTH PERFECTLY."

Based on the cases above...here are some talks of Indian about the Indian girl.

If she is active in her work.....she is an attention seeker.

If she is inactive at work .....She is always never capable of working.

If she dresses fashionably.....she is entertaining/ she is the cause of trouble in society.

If she dresses traditionally.....she is never gonna change/ she is always old-fashioned.

If she talks about her views.....she is talkative.

If she doesn't talk.....she is dumb.

Likewise, people speak as much as they can about a girl.

Especially "The Indian Girl".

Apart from all these talks, girls in India achieved many things. They are capable.  
They can achieve many more great heights.

We can be P.V Sindhu.

We can be Mary Kom.

We can be Indhira Gandhi.

We can be Sarojin Naidu.

We can be Kalpana Chawala.

We can be Harnaaz Sandhu.

'We are capable.'

'We are can achieve.

' We achieved.'

' We are gonna achieve more.

# *A Success Mantra*

*Dr. Vimala Devi*

Head of the Department of English

*The heights by great men reached and kept  
Were not attained by sudden flight,  
While their companions slept,  
They were toiling upward in the night*

People often complain 'I have no talents; I am nothing; I can do nothing; He is brilliant; He is blessed with good qualities. But I am not.' By complaining we are deceiving ourselves; by saying so we are depriving ourselves of good qualities. All of us have been endowed with qualities and talents. I think complaining emerges from laziness. If we do not make an attempt to find out, we will simply wonder at the qualities and talents we are blessed with. The reason behind our complaining is that we compare ourselves with others. Others may be good at study, plan, music, speaking, writing, learning and so on. But what are you good at? This is what we should think seriously about. It is inspiring to take note of great people like Helen Keller, born blind, mute and deaf who wrote books that held the world in wonder. John Milton, who was deprived of his sight, produced great books like the Paradise Lost and the Paradise Regained. Many more examples can be added to the list. Great men and women have reached such heights or acquired such skills by dint of hard work only. I have compiled a list of how to for those who want to achieve things. Here is the list:

## **SET A GOAL**

Life without a goal is like a boat being tossed about by the waves in the sea. Wherever the wind blows it moves. Therefore set a goal first i.e., what you want to become.

## **ENTHUSIASM**

Nothing can be achieved without enthusiasm. It is this enthusiasm that directs all our internal and external faculties to become what we want to. You may want to become an excellent doctor or a prolific writer, but nothing can be achieved or acquired without enthusiasm. So generate enthusiasm in you for what you want to become.

## **SACRIFICE**

'No Pains, No Gains', goes a proverb. If we really wish to gain something, it is impossible to do so without forgiving something for it. If we want to get a fruit from a plant, we should water and manure it. If a patient wants to control his diabetes, he must be ready to abstain from sugar. If you want to attain the goal you have set, you have to refrain from that which prevents you from reaching your goal. Suppose you want to become an eloquent speaker. Your eyes should be fixed on the target. For that you have to work hard. You have to learn the language.

You have to always speak in that language until you attain fluency. In addition you have to train all your internal and external faculties to fall into that track of fluency. To spend your time and energy on all this, you need to refrain from all those stumbling blocks – unnecessary gossiping, enjoyment, or too much attachment to something and so on.

### **ACCEPT FAILURES**

Failure and success will never end in life. They are bound to come our way. We must accept them and make them our stepping – stone. Let us learn from Abraham Lincoln. His life was full of failures. At the age of 21, he failed in business. At the age of 22, he was defeated in the legislative race. After age of 24, again he failed in business. At the age of 26, he overcomes his sweetheart's death. At the age of 27, he had a nervous breakdown. At the age of 47, he lost out on becoming vice – president. At last, at the age of 52, he was elected president of the USA.

### **PATIENCE**

Great people did not become great overnight. They faced struggles and failures with guts and grit. They waited for success to embrace them. A seed cannot become a tree overnight. A child cannot become a father or mother overnight. Therefore to accomplish something patience is inevitable. Believe in Yourself Mahatma Gandhi said: 'Men often become what they want to be. . If I believe that I cannot do something, it makes me incapable of doing it. But when I believe I can, then I acquire the ability to do it even if I didn't have it in the beginning.' So believe in yourself because it is you who know what your internal faculties are. Think positively that you can. Believe in yourself and be confident.

### **PRAYER**

Our ambitions and dreams will be actualized when they are prayerised. Man can do nothing without God's blessings. . So let's pray to God by doing our work to the best of our ability and he will certainly reach out his hands to help us. Prayer is the instrument that enables us to do what we believe in.





## EMISSARIES OF RADIANCE

### A POEM ON THE POWER OF LIGHT

Through turbulent waters, they fracture and blaze,  
Past shattered glass and the fences of days.  
They conquer the darkness, with hearts they amaze.

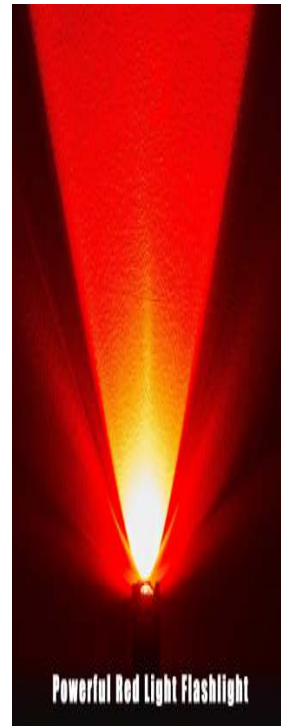
The mountains, the dew, nature's wondrous art,  
Could have burned from the very start  
Yet they chose to glow gently, igniting the heart.

In the prism of minds, their light finds its way,  
Illuminating paths, turning night into day  
Tangible and divine, like pure sunlight's ray

Painting the skies with tangerine and lilac,  
Their warmth is both tender and never comes back.  
They're felt and measured, as skies become black.

Unmindful of charms, their purpose so bright,  
For those who are lost, they're a guiding light.  
In cornflower blue, 'neath a lilac-lit night,  
They're stars in the heavens, burning so bright.

Balanced on cosmic scales, sparks of hope take flight,  
Lighting the way through the darkest of night  
A beacon of courage, dispelling the fright,  
They plunder the dark, bringing forth the light.



**M.V.R.GAIYITHRI**  
2<sup>nd</sup> Year M.P.C (E.M)



## **Reflections of the Heart: The House of a Thousand Mirror**

*In a distant, tranquil village from days of old, there stood a remarkable place known as the House of a Thousand Mirrors. It held a unique secret, one that would attract visitors from all around, seeking a glimpse into the mysteries of reflection.*

*One day, a small, jubilant dog from the village discovered this enigmatic place and decided to pay it a visit. With an excited heart, he bounded up the stairs, approaching the house with ears perked high and tail wagging vigorously. As he peered through the doorway, he was greeted by an astonishing sight - a thousand other happy little dogs, each with tails wagging just as enthusiastically as his own. His joy was reflected back at him in a thousand friendly smiles. This place was unlike any other he had ever seen, and he left with a promise to return, cherishing the memory of the House of a Thousand Mirrors.*

*In the same village, another little dog, not quite as content as the first, decided to explore the house as well. Slowly, he ascended the stairs, his head hanging low, and his gaze cautious as he peered inside. However, what met his eyes was an entirely different scene - a thousand unfriendly-looking dogs, each glaring back at him with hostility. In response, he growled in fear and was met with the disheartening sight of a thousand little dogs growling back at him.*

*With a heavy heart, he left the house, vowing never to return. He had seen a reflection of his own unease, a mirror of his own inner turmoil. The House of a Thousand Mirrors, a place where happiness begets happiness and fear begets fear, left a lasting impact on the two visitors.*

*All the faces in the world are like mirrors, reflecting the emotions and attitudes we project onto them. As we meet and interact with people, we have the power to influence the reflections we see in their faces. The House of a Thousand Mirrors reminds us that the world often mirrors our own attitudes and emotions, encouraging us to choose kindness, positivity, and warmth in our interactions.*



**K.ANITHA**

1<sup>st</sup> Year M.P.C (E.M)



## Unleashing Your Inner Greatness A JOURNEY OF SELF-DISCOVERY

Deep within each of us resides a sacred mystery, an untapped reservoir of potential waiting to be awakened. As Oliver Wendell Holmes wisely said, "What lies behind us and what lies before us is nothing but tiny matters compared to what lies within us." These profound words emphasize the importance of unlocking the greatness within ourselves, and the path to achieving this begins with embracing the philosophy of "being."

When we allow our actions to flow from our very essence, we pave the way for our inner greatness to manifest. Within the core of every individual resides an insatiable thirst for truth, goodness, and beauty. It is in the pursuit of these virtues that we truly come alive. Discovering the truth captivates our hearts, stirring us with profound insight. Embracing goodness prompts us to reflect on the virtuous and ethical aspects of life. Beauty, in all its forms, captivates our very being, encouraging us to appreciate the world's intrinsic beauty.

At the heart of every person, there should be a constant core shaped by truth, beauty, and goodness. This unchanging core gives rise to values such as accountability, integrity, nobility, loyalty, warmth, and friendship—qualities that contribute to the development of greatness within an individual. Although this may seem like an idyllic vision, in reality, it demands continuous effort and self-reflection. Developing these virtues is an ongoing journey, one that is deeply rooted in the concept of "being" rather than "doing."

To embrace this path of self-discovery is to keep our hearts open to dreams. As long as we dare to dream, hope remains alive, and as long as hope persists, the joy of living is never extinguished. It is through nurturing our inner greatness, focusing on our core values, and striving to be our best selves that we truly find the fulfillment and purpose we seek in life.



**N. KAVYA**

1<sup>st</sup> Year M.P.C (E.M)

## *The Student's Pledge*

# **BUILDING A BRIGHT FUTURE**

*In the journey of life, every individual's student phase is akin to a pupa, a transformative stage, awaiting the moment to emerge as a fully developed butterfly. Just as a butterfly's metamorphosis requires well-organized efforts, a student's life necessitates dedicated endeavors to reach their full potential.*

*A student plays a pivotal role in the nation's development by selflessly contributing to its growth. In this pursuit, five fundamental qualities are paramount. Firstly, students must hold a deep respect for their parents and teachers, acknowledging the invaluable guidance they receive. Secondly, cultivating a habit of reading enriching books opens doors to knowledge and wisdom. Building strong friendships fosters a supportive network that helps in personal and collective growth. A crucial aspect is resisting the allure of western culture and not succumbing to the temptation of addiction to mobiles, movies, TVs, and other gadgets.*



*The foundation of a student's character should be grounded in education, humility, and discipline. This not only shapes their individuality but also molds them into responsible contributors to the nation's progress. Ambition is a powerful driver for success, and students must aim high.*

*There are three key aspects students must always keep in mind. Firstly, they should strive to bring honor to their native place, state, and country, establishing their identity as sources of pride. Secondly, they should aspire to become role models for future generations, setting an inspiring example for those who follow. Lastly, students should aim to leave their autograph on the legacy of their role model, carrying forward the torch of wisdom and knowledge.*

**P. HARSHITHA**  
1<sup>st</sup> Year M.P.C.





## *Nurturing the Soul* **WISDOM FROM BUDDHIST TEACHINGS**

Buddhism provides profound insights into the art of conscious living, encouraging us to be fully present in each moment, thought, and action. This practice can ultimately lead to a state known as “Nirvana,” signifying the liberation and awakening of the soul. Here are five valuable life-lessons inspired by Buddhist teachings:

**Release Attachments:** “The heavenly jewels pale in comparison to one who is awakened.” Buddhism teaches that suffering is born from attachment and desire. By freeing ourselves from these attachments, we can find true contentment. Remember, “Pain is certain, but suffering is optional.”

**Seek Answers Within:** Buddhism emphasizes that we alone hold the power to save ourselves. “No one saves us but ourselves. No one can, and no one may. We must walk the path ourselves.” The journey to enlightenment begins with self-discovery.

**Conquer the Ego, Free the Soul:** Mastering oneself presents a greater challenge than conquering others. Discard your ego as you would a loosely-fitted garment and welcome humility. In this way, you set free your soul from the confines of the mind.

**Release Negativity:** Cultivate boundless love and compassion for all beings. “Radiate boundless love towards the entire world, above, below, and across—unhindered, without ill-will, without enmity.” Avoid fault-finding and judgment, and let go of feelings of hate, resentment, and fear.

**Accept Reality:** The world is afflicted by death and decay. But the wise do not grieve, having realized the nature of the world. Embrace the impermanence of life. Find happiness unattached and walk untouched by sorrow, accepting the ebb and flow of existence.

**P. Siva Naga Dhanalaksmi**  
1<sup>st</sup> M.P.C. (E.M)





## The Power of Attitude in Shaping Your Destiny

In a quaint backyard, a young boy donned a baseball cap, clutching a bat and ball, engaging in a conversation with himself. With unwavering determination, he boldly proclaimed, "I'm the greatest hitter in the world." He tossed the ball into the air, took a swing, and missed. Undeterred, he cried out, "Strike One!" His spirit remained unbroken as he retrieved the ball, and once again, he declared, "I'm the greatest hitter in the world." With his eyes fixed on the prize, he swung and missed once more. "Strike Two!" he exclaimed.

Undaunted, the boy took a moment to carefully inspect his bat and ball. He spat on his hands, rubbed them together, adjusted his cap, and confidently declared, "I'm the greatest hitter in the world!" With renewed determination, he tossed the ball into the air, swung with all his might, and missed yet again. "Strike Three - you're out!" he shouted. Then, with an infectious enthusiasm, he remarked, "Wow! I'm the greatest pitcher in the world!"

This charming tale teaches us a profound lesson - our attitude wields immense power in determining how circumstances affect our lives. The boy's circumstances hadn't changed, but his unwavering optimism allowed him to derive encouragement from what had transpired.

As you navigate challenging times in your life, remember that your attitude can be a game-changer. If you have the ability to alter your circumstances, don't delay; take action to bring about the changes you seek. However, if circumstances are beyond your control, remember that you possess the power to change your attitude. In doing so, you'll find that circumstances won't have the final say in your story.



*B. Triveni.*  
2<sup>nd</sup> MSCS



## Paving the Path to Achievement

Once you've set your sights on a goal, the journey to attaining it becomes a matter of taking determined, concrete steps. Clarity of vision serves as an essential foundation, allowing you to map out clear plans, strategies, a well-defined timeline, and ongoing evaluations. With these elements in place, the process of reaching your goal gains momentum.

Undoubtedly, hard work is a non-negotiable part of the equation. However, you don't have to embark on this journey alone. Engaging in open discussions and sharing ideas with friends and loved ones can expand your horizons and provide valuable insights. Their suggestions may offer a fresh perspective that you hadn't considered.

As you work toward your goal, it's crucial to muster the courage to confront the challenges and risks that may arise along the way. Remember, "You can live your dreams if you can embrace change. It's by taking chances that you'll learn how to be brave."

***B. Megana***  
Home Science 3<sup>rd</sup> year



## Resilience in Adversity : The Bitter Pill to Swallow

In a world where adversaries loom large,  
Where humanity's hope seems to narrowly surcharge  
Bitter enemies, a pill hard to swallow,  
Seek to disrupt, with intentions far from hollow.

They parade with greed and slander's sway,  
In search of peace, they lose their way,  
But I stand vigilant, unbowed by fear,  
Ready to face whatever may appear.

To withstand trials that comes my way,  
And keep my hope from fading gray,  
My spirit remains strong, unyielding and bright,  
I choose to be a beacon in the darkest night.

My wish is simple, my goal is clear,  
To live as one, with hearts sincere,  
In laughter and in storms we find our way,  
United we stand, come what may.

For this is my nature, my eternal guide,  
In unity, we'll forever confide.



**I. Mounika**  
B.A spl English  
3<sup>rd</sup> Year

## *Flying Solo: Embracing Your Unique Path to Greatness*

Every great idea and dream must be rooted within your own heart and mind. There will be moments when you alone hold steadfast belief in its realization. Can you stand alone, unwavering in your conviction, even when it seems that no one else shares your vision?

John Grander declared, 'The cynic says, "One man can't do anything." I say, "Only one man can do anything." Nobody can do it for you.

Henry Wordsworth Longfellow astutely observed: "Triumph and defeat are not found in the noise of crowded streets or the praises of the powerful, but within ourselves. We cannot outsource our thinking, dreaming, or believing to others." Eagles, creatures of unique strength and vision, soar alone while crows congregate in groups. Learn to separate yourself when necessary, to maintain your individuality. As we journey through life, we are, ultimately, on this path together, each charting our own course.

Alexander Graham Bell wisely observed: "Don't keep forever on the public road. Leave the beaten path occasionally and venture into the woods. You'll undoubtedly discover something new, something to captivate your thoughts. One discovery leads to another, and before you know it, you'll have profound ideas occupying your mind. All significant discoveries stem from deep contemplation." It is crucial to set aside time for solitary reflection regularly.

**Sri Rama Lakshmi Pravallika**

I B.Sc Computer Science





## Boost Your Vocabulary: Rockets Unveiled

*Let's dive into the world of rockets with some related words that will help you understand this fascinating realm more easily:*

- Airfoil** : Think of it as a special part of a rocket, like a wing or fin, designed to help it glide smoothly through the air.
- Accelerate** : This term describes how fast a rocket's speed changes as it zooms through the sky. It's all about getting faster.
- Apogee** : Imagine the farthest point a rocket can reach from Earth while it's circling our planet in space. That's the apogee.
- Avionics** : The rocket's "electronic brain" is what avionics is all about. It controls the rocket during its flight, ensuring it stays on course.
- Centre of Gravity** : This is like the rocket's balance point. It's where the average weight of the rocket is concentrated.
- Centre of Pressure** : Think of it as the point where the average force of the air on the rocket is centered.
- Combustion Chamber** : Inside a rocket, there's a special place where the fuel burns. We call it the combustion chamber.
- Expendable Launch Vehicle** : Rockets often have multiple parts, or stages. After each stage has used up its fuel, we drop it off, and it falls back to Earth.
- Jettison** : When we throw away any rocket parts that we don't need anymore, that's called jettisoning.
- Liftoff** : This is the exciting moment when a rocket starts its journey into the sky.
- Orbit** : Rockets and other objects in space travel in a circular path around something, often a planet, under the influence of gravity. We call this path an orbit.
- Payload** : Anything that a rocket carries into space beyond what it needs for its own journey.
- Clinometers** : These are tools used to measure slopes or inclines. They help us understand angles better.

*Now, you're all set to explore the world of rockets with these handy words!*



**K. Chinnari**

I B.Sc MP Computer Science



## SUDHA MURTHY: AN INSPIRATIONAL JOURNEY



Let's explore into the inspiring life of Sudha Murthy, a remarkable individual known not only for her books but also for her dedication to philanthropy. She co-founded Infosys, but her heart is in public healthcare initiatives, especially those supported by the Gates Foundation. Sudha's compassion extends to the less fortunate, and she has established several orphanages.

As an author, her works include renowned books like "Wise and Otherwise," "Dollar Bahu," and "Grandma's Bag of Stories." In 2006, Sudha received the R.K. Narayan Award for Literature and was honored with the Padma Shri.

### **Here are some of her thought-provoking quotes:**

- ❖ "Set personal aims while being of help to others."
- ❖ "Whether rich or poor, taking care of our well-being is always good."
- ❖ "Life is an unpredictable exam; the syllabus and questions are unknown."
- ❖ "Money often creates divisions rather than unity."
- ❖ "Sensitive individuals may take more time to understand the real world."
- ❖ "Prioritize good relationships, compassion, and peace of mind over achievements, awards, degrees, or wealth."
- ❖ "Trying to please everyone ultimately pleases no one. You can't live solely for others' happiness. True freedom is the greatest luxury in life."

***Ms. Urmila Reddy***

II year  
B.Sc Stat Computer Science



## *A Life of Regrets and Resilience*

Many times, we don't need books to learn life's valuable lessons; our surroundings can teach us in profound ways. This is the story of a girl named Lakshmi, an unremarkable yet common tale. She came from a modest farming family, raised by her devoted father after her mother's early passing. Her father, a man of simple means, spared no effort to provide for her.

Lakshmi's education was her dream. She worked hard, hoping for a brighter future. However, circumstances conspired against her dreams. Being a girl without a mother, societal pressure pushed her father to arrange a marriage reluctantly. Lakshmi accepted the proposal without objection, not wanting to stand in the way of her future.

She wed Raj, a man from a reputable and affluent family in their village. Lakshmi's father believed this marriage would secure her future, so he entrusted her husband with their family's wealth. Over the next decade, her father passed away, and she had two children. But her husband's behavior took a dark turn as he spiraled into a gambling addiction, squandering their wealth, and selling their home.

When Lakshmi confronted him about their dire situation, he blamed her for his misfortune and turned to domestic violence. Seeking help from her mother-in-law only led to more blame. She felt trapped, unable to divorce her husband due to her children's future and her inability to provide for them.

Realizing the importance of education, Lakshmi regretted her decision to marry without completing her studies. She also wished she had convinced her father about her dreams. Her husband and his family's reputation prevented her from working in their home, leaving her with few options.

In her desperation, she decided to prioritize her children's education, regardless of their gender, so they could lead independent lives. Lakshmi would endure her difficult circumstances until her children could secure a better future and save her from her miserable life.

Lakshmi's story illustrates how a different decision could have altered her life's trajectory. It serves as a reminder that education can be a powerful tool for self-preservation and self-respect.

This story aims to convey a message to parents. Instead of lavishing wealth or arranging marriages, especially for their daughters, they should invest in their children's independence. Girls should have the confidence to pursue their dreams, not just for themselves but also for their parents who desire their happiness.

In the end, regrets stem from the choices we make, and education is the shield that guards both self and self-respect.

*M. Vijaya lakshami*  
*M.Sc. Chemistry*



## Triumphing Over Adversity

In a not-so-distant town, seven boys with dreams resided. Each boy had a unique background and a passion that drove them. The first boy, a brilliant student from a middle-class family, harbored a secret desire to become a singer. Despite his intelligence, he was ridiculed by his friends for his looks. The second boy had an undying love for music. The third boy, also passionate about music, faced the pressure of forced studies from his parents. The fourth boy, a gifted dancer, had a strong inclination towards singing and dancing. The fifth boy, teased by his peers, carried the nickname “pig” due to his physique. The sixth boy, coming from a farming family, was often let down due to his background. The seventh boy, a true all-rounder, possessed a multitude of talents.

Despite their different paths, their destinies intertwined when they embarked on a journey to become professional singers. With hard work and dedication, they formed a boy band on July 6, 2013. Their early days were marked by struggles to attract an audience, offering free concert tickets, and hoping for a chance.

Initially, the fourth boy, having no fans, contemplated leaving the group. However, he was persuaded by his bandmates to stay. The sixth boy’s mother, upon learning of her son’s selection, transformed his simple attire into fashionable clothes, hoping to present him as a wealthy kid. The third boy suffered a shoulder injury, sidelining him from performing in front of fans for three long months. This separation from the group and their supporters weighed heavily on him. The seventh boy met with an accident, injuring his knees, but he continued to practice relentlessly.

Despite numerous obstacles, they persevered and rose to become the top boy band in their country. The third boy even battled depression, but his bandmates supported him, helping him emerge from the darkness. They faced the brink of disbandment in 2017 but chose to overcome hardships and persist as a united band.

Today, they boast a colossal fanbase and have achieved international stardom. In 2021, they triumphed over other top artists and even secured Grammy awards. Their journey serves as a testament to the power of unwavering determination and relentless hard work. BTS never wavered in their pursuit of greatness, becoming a symbol of inspiration for people worldwide.

The moral of their story is clear: hard work and unwavering dedication can lead to triumph. Their teamwork and seamless coordination epitomize the path to definite success.

The BTS saga serves as a testament to the indomitable human spirit and the ability to overcome adversities through unity and determination



**Shaik. Aasiya**

1<sup>st</sup> M.Sc Maths

## *I Am Wealth*

People toil endlessly, their lives revolving around me.  
They strive to earn me, taking risks of every degree.  
Through hardships, they fight, giving their all to be near,  
No obstacle too great, they persist without fear.

People yearn for me, their desires unbound,  
They chase after me, wherever I may be found.  
I am wealth, a symbol of value and power,  
Holding me high, respect they shall tower.

In today's world, mercy can be hard to trace,  
Never-ending wants in this relentless race.  
Kind-hearted souls, at times, face disdain,  
While the selfish ones, it seems, have much to gain.

The rich are celebrated, their worth revered,  
The poor, often overlooked, their struggles clear.  
In this world of contrasts, I hold sway,  
A force that molds lives, guiding their way.



***K. Rama Devi***  
1<sup>st</sup> PG (M.Com)



## *The Champion of My Heart*

A remarkable person, a true champion of hearts,  
That's what he is to me, no words can truly impart.  
My feelings overflow whenever he comes to mind,  
A flood of emotions, so warm and kind.



He's simply amazing, with noble ideas so grand,  
He knows me through and through, he understands.  
In times of confusion and life's puzzling art,  
He's my guiding light, helping me from the start.

A comforting presence, a voice so soothing and clear,  
His words like a refreshing breeze, wiping away every tear.  
In moments of despair and anger, when all seems amiss,  
His smiling face appears, like a gentle, calming kiss.

He teaches me to appreciate inner beauty, to unveil our soul,  
With him, nothing's hidden, no secrets left untold.  
Through my eyes, he reads my heart, every thought and prayer,  
My heart's an open book, for him, I willingly share.

He's a wellspring of positive energy, lifting my morale high,  
As gentle and reassuring as a breeze under the sky.  
The reason behind my smile, my source of endless cheer,  
His love is unparalleled, and it's abundantly clear.



I'm lost for words, there's no more to say,  
My love for him grows stronger with every passing day.  
He's truly captivating, his love, a work of art,  
The heart of our family, the dearest at heart.

The heart of a father is the masterpiece of nature,"  
An enduring love, an eternal bond, of this, I'm sure.



***G. Priyanka***

2<sup>nd</sup> Year M.Sc Chemistry

## A LOOMING CRISIS

*Every week, the United States discards enough plastic water bottles to encircle the Earth five times, and this is just a fraction of global plastic waste. Worldwide, we use a mind-boggling 160,000 plastic bags every second. However, the consequences of our plastic consumption extend far beyond these staggering numbers. Plastic pollution poses a significant threat to our environment, human health, and marine life.*

*The most concerning aspect of plastic is its non-biodegradable nature. Plastic takes an astounding 700 years to begin breaking down, and even then, it doesn't return to nature but rather photo-degrades into smaller, toxic fragments. This pollution affects the air, land, and oceans.*

*Plastic pollution isn't limited to our environment; it also leads to air pollution. Plastics, which are an integral part of our lives, have a short useful lifespan. Once discarded, they remain toxic indefinitely. Countless marine mammals and birds have perished due to ingesting plastics mistaken for food. The pollution has spread to even the most remote areas of our planet and reached our dinner plates, contaminating seafood.*

*So, what can we do to combat this plastic crisis? While banning or recycling plastics isn't the ultimate solution, it's certainly a step in the right direction. However, recycling often transforms one toxic form of plastic into another. Until we discover alternative materials, the most effective approach is to reduce our plastic consumption.*

*Plastics are produced from toxic materials like ethylene and vinyl chloride, designed to be non-biodegradable and harmful. These chemicals are linked to cancer and contaminate the air and soil with their byproducts. PVC (Polyvinyl chloride) and phthalates, added to plastics for flexibility, contribute to plastic pollution and various health issues.*

*These chemicals can leach into the air, a process known as "off-gassing," posing further health risks. To combat plastic pollution, we must collectively reduce our plastic usage by carrying reusable bags when shopping, recycling plastics responsibly, and preventing them from ending up in landfills or the ocean.*

*As consumers, we have the power to drive change by decreasing our demand for plastics. Our world may be cluttered with plastic, but with technology and growing awareness, we can reverse this trend and safeguard our planet for future generations. Let's take responsibility and act now.*

**N. Rajitha Mary**

*2<sup>nd</sup> M.Sc Maths*



## Champion of the Land



*In fields kissed by golden sunlight's embrace,  
Stands a stalwart hero, a humble face.  
With weathered hands that toil day and night,  
A guardian of nature, a farmer's might.*

*With every sunrise, he toils with grit,  
Plowing the Earth, a labor most fit.  
Sowing seeds of hope, in fertile soil,  
Nurturing the land, with unyielding toil.*

*Through seasons' dance, he watches it unfold,  
Tending crops, a story waiting to be told.  
Beneath the azure sky and blazing sun,  
He treads the path that few have chosen.*

*He battles storms and faces nature's wrath,  
Yet his spirit remains steadfast on his path.  
For he knows the worth of his noble task,  
Providing nourishment, an essential ask.*

*With hands calloused, he reaps fields of gold,  
Harvesting abundance, a sight to behold.  
Through sweat and tears, his efforts bear fruit,  
Feeding the world, his purpose resolute.*

*In fields that whisper secrets through the breeze,  
A farmer's heart finds solace and peace.  
For he knows the harmony of land and man,  
A steward of nature, a steadfast hand.*

*So let's celebrate this champion of the land,  
Whose hardships and resilience truly expand.  
For in every bite, we taste his dedication,  
A poet of the soil, the farmer's creation.*



**Mrs. Shakeena**  
Lecturer in Chemistry Dept.





# *Wonders of Nature*

## **Introduction:**

Nature is a source of endless awe and inspiration, offering a sanctuary for both humans and wildlife alike. This article delves into the diverse wonders of the natural world, highlighting its beauty, ecological significance, and the importance of preserving it for future generations.

## **1. Breathtaking Landscapes:**

From majestic mountains to serene coastlines, the Earth's landscapes captivate us with their grandeur. This section explores some of the world's most stunning natural wonders, showcasing their unique features and the sense of wonder they evoke.

## **2. Ecosystems and Biodiversity:**

Nature is a complex web of interconnected ecosystems, each playing a vital role in maintaining the delicate balance of life on Earth. This section delves into the importance of biodiversity, discussing the rich array of plant and animal species that inhabit our planet and the benefits they provide to the environment and human well-being.

## **3. Healing Powers of Nature:**

Spending time in nature has been proven to have numerous physical and mental health benefits. This section explores the therapeutic effects of nature, discussing how it reduces stress, improves mood, and promotes overall well-being.

## **4. Conservation and Sustainability:**

As human activities continue to impact the natural world, conservation efforts have become crucial in preserving our planet's biodiversity and ecosystems. This section highlights the importance of sustainable practices, discussing initiatives aimed at protecting endangered species, preserving habitats, and mitigating the effects of climate change.

## **5. Nature and Human Connection:**

Throughout history, humans have found solace, inspiration, and a sense of belonging in nature. This section explores the deep connection between humans and the natural world, discussing the role of nature in art, spirituality, and cultural traditions.

## **6. The Call to Action:**

As stewards of the Earth, it is our responsibility to protect and preserve nature for future generations. This section discusses the individual and collective actions we can take to make a positive impact, from reducing our carbon footprint to supporting conservation organizations.

## **Conclusion:**

The wonders of nature are a testament to the beauty and resilience of our planet. From its breathtaking landscapes to its intricate ecosystems, nature provides us with endless opportunities for exploration, inspiration, and reflection. By recognizing the importance of nature and taking steps to conserve and protect it, we can ensure that future generations will continue to marvel at its wonders and reap the benefits it offers.

*- M. Vijaya*

1<sup>st</sup> B.Sc. Computers



# Empowering Women

*Sr. Maria*

Lecturer in English Dept.

## **Introduction:**

In today's rapidly evolving world, women continue to play a pivotal role in shaping society, contributing their talents, skills, and perspectives across various fields. This article explores the remarkable achievements, challenges, and ongoing efforts towards gender equality, highlighting the inspiring stories of women who have defied societal norms and paved the way for future generations.

## **1. Historical Milestones:**

From the suffragette movement to the fight for reproductive rights, women have been at the forefront of numerous historical milestones. This section delves into the struggles and triumphs of women throughout history, showcasing the remarkable progress made in achieving gender equality.

## **3. Leadership and Politics**

Women have been steadily rising to positions of power and influence in politics and leadership roles worldwide. This section explores the impact of female leaders, their unique perspectives, and the challenges they face in a male-dominated arena.

## **4. Ntreprenurship and Innovation:**

Women entrepreneurs have been making waves in the business world, launching successful startups, and driving innovation. This section delves into the stories of female entrepreneurs, their challenges, and the support systems available to help them thrive.

## **5. Arts, Culture, and Media**

Women have been instrumental in shaping the arts, culture, and media industries. This section celebrates the achievements of female artists, writers, filmmakers, and musicians, highlighting their contributions to the creative landscape.

## **6. Challenges and Progress:**

Despite significant progress, gender inequality persists in various forms. This section examines the challenges women continue to face, including gender-based violence, unequal pay, and limited access to education and healthcare. It also highlights the ongoing efforts and initiatives aimed at addressing these issues.

## **Conclusion:**

The journey towards gender equality is an ongoing one, but women have proven time and again that they are forces to be reckoned with. By breaking barriers, shattering stereotypes, and inspiring future generations, women continue to shape a more inclusive and equitable world. As we celebrate their achievements, it is crucial to recognize and address the challenges that still lie ahead, ensuring that every woman has the opportunity to thrive and reach her full potential.

## **TEENAGE LIFE**

*Sr. Amul Mary Francis*

Vice-Principal

In some ways being a teenager is the hardest chapter in your life. This is the part of your life where you're trying to define who you are not only to everyone around you, but also to yourself. We teenagers struggle with image, gender identity, self confidence, and tons of emotional issues.

I bet if you were to take my entire class of 2018 to a psychiatrist, each one of us would have some sort of mental issue. Most of us look and act completely fine but everyone is going through something. Everyone has heard a story of a really smart kid who was seemingly happy, but "all of a sudden" decided to take their own life. Suicidal decisions are not made "all of a sudden" these feelings take time to work up to. Anyone who believes the person who killed themselves is just running away from consequences is humongous mistaken. This person had to go through weeks, months, or even years of internal pain, to finally make a decision to simply quit living.



Sometimes I can't sleep at night, because I feel empty. The best way to explain this feeling is like you haven't eaten in two days, but instead of that pain being in your stomach that pain is in your heart and you can't just eat to feel full. There are things, huge things, which I just don't care about. I don't know what it is about being a teenager, maybe it's all the raging hormones or perhaps the preprogrammed desire to displease our parents that seems to be in all of us that makes us want to do outrageous unnecessary things just for the fun of it.

In the year 2015 it seems like everyone is having sex which has become a huge issue for teens to pressure themselves about. If you haven't had sex yet you a loser but if you've had sex, everyone looks at you differently and silently judges you. High school is all about silent judging. No one is ever going to tell you exactly how they feel because they want to have and keep as many friends as possible. My best friend says she loves me to my face but for all I know she could feel completely different and not like me at all. Those are the thoughts that most teenagers have and those are the thoughts that damage us. We all believe that everyone hates us and that we are completely alone. These things could most definitely be true but its better to not think about them and focus on loving yourself.

I had a friend who found it so completely hard to love herself that she starved herself until she was so malnourished that she looked like a walking skeleton. I knew what she was doing; I saw her pushing food around her plate at lunch. I also saw the pain in her eyes when some brought up how skinny and pretty she was. She had pain in her eyes when people said these things because she didn't believe them she felt like these compliments being thrown at her were complete lies. She wanted to have a thigh gap, and cheek bones that weren't hidden by baby fat on her face. Therefore she didn't eat, she hid it well from everyone else but I could see how tiny she was becoming. I tried to ask her about it but she would just dismiss me like it was crazy I

would even accuse her of being anorexic. This drove a wedge between us, I kept trying to talk to her but she just didn't want to listen to me, so I gave up. I see her around sometimes, and every time I see her I feel this immense pang of guilt. I gave up on her when I was the only one who knew to help her, I stopped trying and in my eyes that made me a monster.

Most of us teenagers don't even know what gender we prefer to be with, although none of us will admit it. It still amazes me that in 2015 people can still be scared to admit that we have 100% no idea what our sexual orientation is. There are also the homophobic people in schools that make it hard to be open about who you are.

Being a teenager is hard.

Being a teenager is so difficult that many of us wish we could just skip this chapter, and have everything figured out. The truth is however, you can't skip around. You have to go through this part and hopefully come out alive and happy. In an ideal high school world everyone would be happy with the way they look and wouldn't force themselves to become something else. All of us would also have a voice, a strong voice to say exactly what we're thinking. We wouldn't do things that didn't matter to us, we would wait until they mattered then we would do those things with so much passion and devotion that there would be no question of right or wrong. None of us would resort to suicide because we would all have unconventional support for one another. Unfortunately not all of this can happen because our world is not perfect or ideal. We, teenagers have to bind together and strive for these things to happen and we all just have to push through our issues. If we just keep pushing and hoping we will come out on the other side victorious.

I've never been bullied or an outsider, quite the opposite actually. I like to think I have never bullied anyone and that I have many friends whom I fit in with. However the fact is no matter how many friends I do have I am still an outsider to myself. I have no idea who I want to grow up to be, or what I want to do, more importantly I have no idea who I am in this moment of time.

We are never going to have everything figured out, not even when we are adults, so we just have to except that and remember this chapter will end. We will move on. High school is not the end of us, it's the introduction to real life, and real life is what matters.



→ PART - III ←  
**TELUGU ARTICLES**

## తెలుగు భాష గొప్పతనం

మాతృభాష తల్లితో సమానం, మనం తల్లిని ఎంత గౌరవిస్తామో, మన మాతృభాషని కూడా అంతే గౌరవించాలి. అది తెలుగు కావచ్చు, ఆంగ్లం కావచ్చు, హిందీ కావచ్చు. ఎవరి భాష వారికి అది గొప్ప, మనం తెలుగు భాష తక్కువ అని అనుకో కూడదు. తెలుగు భాషకి చాలా చరిత్ర ఉంది. తెలుగు భాష సంస్కృతం నుండి ఆవిర్భవించింది. అందులో ఎందరో కవులు, రచయితలు గ్రంథ కర్తలు చాలా రచనలు చేశారు. పరభాషలను గౌరవించడమే తెలుగువారి గొప్పతనం. ప్రపంచపు తెలుగు మహాసభలు అమెరికాలోనూ, పశ్చిమ ఆసియాలోనూ, ఆండ్ర, తెలంగాణ లోనూ ప్రతి సంవత్సరం జరుగుతాయి. అమెరికాతెలుగు వారింకా తెలుగును గౌరవిస్తున్నారంటే, దానర్థం తెలుగు చాలా గొప్పదనేగా, తెలుగువారి మంచి మనస్సు, వేరే భాషలవారిని ఆదరించే గుణం లోనే తెలుస్తుంది తెలుగు తీపి, తెలుగు వారి గొప్పతనం.

తెలుగు భాష గొప్పతనం తెలియాలంటే తెలుగులో సంభాషించాలి. గొప్పవాళ్ళు రాసిన పద్యాలు, గద్యాలు, గేయాలు, కథలు, కవితలు, పల్లెగీతాలు, కూనిరాగాలు, ఇంకా హాస్య రచనలు, విప్లవ రచనలు, విప్లవ గీతాలు చదవాలి. అన్నింటిలోను వారు చేసే భావ ప్రకటన, కొత్త కొత్త పదాలు, ప్రాసలు, సంగీతాలంకారాలు, జ్ఞానం చరిత్ర తెలుస్తాయి.

మన భాషలో ఎన్నో గొప్ప భక్తి గీతాలు, మహాభారతం, రామాయణం, భాగవతం, దశావతారాలు ఇలా ఎన్నెన్నో ఉన్నాయి. మనం ఈ కాలంలో ఇవేవీ ఉదవకుండా పాశ్చాత్య సంస్కృతి పైనే ఎక్కువ మక్కువ చూపడం న్యాయం కాదు పద్ధతి కాదు. అది మాతృద్రోహం చేయడమే.

**P. Mary Anusha**  
3<sup>rd</sup> B.C. Stat Computer



## ఓ యువత.... ఓ మాట

ఓ మాట చాలా మంచి అబ్బాయిలు అమ్మాయిలని ప్రేమించేస్తూ ఉంటారు. దక్కకపోతే కొందరు ఆత్మహత్య చేసుకొంటారు. అది ఏంటోగాని అర్థం కాదు ప్రేమించిన అమ్మాయి దక్కకపోతే ఏమి అవుతుంది ? మహా అయితే నిన్ను అర్థం చేసుకొన్న అమ్మాయి దక్కతదేవో ఎవరికి తెలుసు దేవుడు ఏ విధంగా రాసిపెట్టాడో, యువత, మీకందరికి ఒక మాట చెప్పాలని అనుకుంటున్నా మిమ్మల్ని కనిపించిన మీ తల్లిండ్రుల్ని ఒకసారి గురుతుకుతెచ్చుకోండి. మీ మీద చాలా ఆశలు పెట్టుకొని ఉంటారు. అమ్మాయి ప్రేమ కంటే అమ్మ ప్రేమ గొప్పది. దయచేసి ప్రేమించిన అమ్మాయి కోసం ఆత్మహత్య చేసుకోకుండా మన చుట్టూ ఉన్న సహజంలోని సమస్యలపై దృష్టి పెట్టండి. ఒక్కసారి మనకు అన్నం పెట్టిన రైతన్నల గురించి ఆలోచించి వారి కష్టసుఖాల కోసం పాటుపడండి.



**K. Sarala Devi**  
3<sup>rd</sup> B.Com. Comp.

## విజ్ఞత

విజ్ఞత ఒకటే నాణెం.... రెండు కోణాలుకి ఒకటే భావం... రెండు అర్థాలు ఒకటే జీవితం... రెండు సవాళ్ళు, ఏది మంచి, ఏది చెడు, ఇవే అతి పెద్ద సవాళ్ళు, ఈ జీవితాన్ని దాటడానికి ఎన్నో నేర్చుకుంటాం, ఎన్నో చదువుకుంటాం, కానీ నేర్చుకున్నది ఎంతవరకు పాటించగలం, మృదుభాషణం, నిజ భూషణం అన్నారు. అవి పాటించాలనుకుంటాం కానీ దీనినే మరో కోణంలో “మెతకతనం మనకి అనర్థం” అంటున్నారని లోచిస్తాం; క్షమించడమే ఉన్నత గుణం అన్నారు అన్ని పాటించాలనుకుంటాం ఉంటా, దీనినే అతి మంచి తనం అంటుంటే భయడడతాం. ఏది నిజం, ఏది అబద్ధం, నాకు తెలుసు మీ సమాధానం. సమయానుకూలంగా వెళ్లడమే తెలివైన లక్షణం. మరి మన సమయానుకూలం నాణానికి మరోవైపు ఉన్నవారికి వ్యతిరేకం, మళ్ళీ మనకి ప్రతికూలం. వెరసి మనకి నచ్చిందే మనం చేసే జనం మనం. మనకి నచ్చనిది వేరొకరికి నచ్చి చేస్తే తప్ప అది ఎలా శాసించగలం ? అనే ప్రశ్నకి ఎక్కడుంది సమాధానం ? మతం, దాని అభిమతం... గ్రంథం దాని పఠం, విద్య దాని సాధనం అన్నింట ముఖ్యోద్దేశ్యం ఒక్కటే. ఈ మంచి చెడుల విశ్లేషణను గురించి జ్ఞానాన్ని మనకి అందివ్వడం కానీ అవి ఏమి సమపూర్ణంగా ఇవ్వలేవు. కారణం, ప్రతి పదం సమయాన్ని బట్టి అర్థం మార్చుకుంటుంది, పరిమితులను నియమించుకుంటుంది. ఆ పరిమితిని కొలిచే ఖచ్చితమైన సాధనం మనకు లేదు. మనిషి విజ్ఞత ఒక కొలమానం, ఇక్కడ అసలు సమస్య, ఒక్కో మనిషిలో విజ్ఞత ఒక్కోలా, ఫలితంగా ఒక్కొకరి చేతిలో ఒక్కో కొలమానం.

కొందరు వ్యతిరేకం, కొందరు ఆమోదం, అలాంటి విజ్ఞతను సాధించాలంటే ఖచ్చితంగా సరిపోదు నాకొక జీవిత కాలం. అందేకే మనం ఎప్పటికీ అసంపూర్ణం. ఇంకెందుకు జ్ఞానులమనే గర్వం. అంతా తెలుసు అనుకునే అహంకారం. అన్నీ అబద్ధం, మరొక వ్యతిరేకించే అస్కారం లేని ఏకైక నిజం ఏదైనా ఉంది అంటే అది ఈ రెండు కోణాల భావం అంటే అతిశయోక్తి కాదేమో, అన్నింటి ముఖ్యోద్దేశ్యం న్యాయ, అన్యాయ, ధర్మ అధర్మాలను గురించి తెలియచెప్పడమే అనుకున్నా వాటి వెనకున్న అసలు రహస్యం “మనిషి మనుగడే ప్రధానం” అని నాకు అనిపిస్తుంది. అంతులేని అంతేలేని, అంతుపట్టని విజ్ఞతలో కొంతైనా సాధించాలంటే మనలోని ఈ అసంపూర్ణతను గుర్తించి అహంకారాన్ని వీడడమే ప్రథమ కర్తవ్యం. వ్యతిరేకిస్తారా... ఆమోదిస్తారా... ? నిజమో అబద్ధమో.... నా అభిప్రాయం మాత్రమే...

**B. Venkata Naga Malleswari**

2<sup>nd</sup> MPCs



## తెలుగు భాష ప్రాముఖ్యత

తెలుగు భాష ప్రాముఖ్యత చూస్తే మన తెలుగు భాషకు చాలా ప్రాముఖ్యత ఉందన్న సంగతి మనము తెలుకోవాలి ముఖ్యంగా... తెలుగు వారమైన మనం ఖచ్చితంగా తెలుసుకోవాలి ఎందుకంటే తెలుగు మన మాతృ భాష కాబట్టి. చాలా మందికి ఈ విషయం ఇప్పటివరకు తెలిసుండకపోవచ్చు. అదేమిటంటే ప్రపంచ ఉత్తమ ఖిలలో మొదటి ఉత్తమ ఖిల కొలియది నిలవగా రెండవ ఉత్తమ ఖిలగా మన తెలుగు ఖిల నిలవడం మన తెలుగు వారందరు గర్వించదగ్గ విషయం. ఇంతటి ప్రాధాన్యమున్న మన తెలుగు భాషని మనం వదిలి పరాయి భాషను భావ వ్యక్తీకరణకు వినియోగించడం చూస్తూంటే నాకు ఒక్కోసారి బాధోస్తుంటుంది. సందర్భానుసారం పొరుగు భాష ఉపయోగించడములో అర్థముంది కాని ఆ సందర్భాల్లో కూడా తెలుగు భాషను కాదని ఇతర భాషల భావ వ్యక్తీకరణకు ఉపయోగించడం సరియైనది కాదు. అన్ని భాషలు నేర్చుకోవాలి కాని తల్లి భాషను మరవకూడదు, తెలుగు వారమయినందుకు మనం మన తెలుగుని కాపాడుకోవలసిన బాధ్యత కూడా మనదే అన్న సంగతి అందరు గుర్తుపెట్టుకోవాలి. మన భాష గురించి ప్రస్తావిస్తూ పోతే లెక్కలేనన్ని వ్యాసాలు రాయాల్సి ఉండేవో...

Ch. Malleswari

1<sup>st</sup> MPCS



## కొలువు

నిశీధి దుప్పటి గప్పిన గదిలో  
విదేశీ గుప్పిట చిక్కిన బతుకులు  
నిరాశ ఒక్కటి నక్కిన మదిలో  
నివాల కోరలు దాచిన రేయిలు

అప్పుల చిట్టకు అక్షర సాక్ష్యమే  
మాల్చిన లక్షల ఖాగబ్ చెక్కులు  
తిప్పలు తప్పవు మందర తద్యమే  
ఊడ్డెర ముంది ఘోష సోకులు

ఇవే ఇవే మా సాష్ట్రీర్ కొలువులు  
వెదికిన దొరకవు బతుకున విలువలు  
ఇవే ఇవే మా ఐటి హంగులు  
ఇక్కడ దొరుకును హైటెక్ లింకులు.



K. Akshya

1<sup>st</sup> MPCS

## చిన్న కథ

మీకో చిన్న కథ చెప్తాను జాగ్రత్తగా వినండి... !  
 ఒక కప్పను తీసుకొని “వేడి నీటిలో” పడేస్తే,  
 అది వెంటనే దూకేస్తుంది. అదే కప్పను చల్ల  
 నీటి గిన్నెలో వేయండి అది అక్కడే ఉంటుంది.  
 ఇప్పుడు మెల్లగా నీటిని వేడి చేయండి కప్ప  
 సహజగుణం ఏంటి అంటే వేడి పెరిగే కొద్ది  
 దానంతట అదే తన శరీరాన్ని ఆ వేడికి అడ్డం  
 చేసుకోగలదు. కాని ఒకసారి నీరు మరగడం  
 మొదలైతే కప్ప అందులో ఉండలేదు. బయటకి  
 దూకేయాలని చూస్తుంది. కానీ అప్పుడు అది  
 దూకలేదు ఎందుకంటే నీటి వేడికి అప్పటిదాకా  
 అడ్డం అవ్వడంతో తన శక్తి అంతా కోల్పోతుంది.  
 ఇక బయటకి దూకే శక్తి లేక అందులోనే  
 ఉండిపోయి చివరికి మరణిస్తుంది. ఇది కేవలం  
 కథ కాదు. ఇందులో చాలా నీతి ఉంది !



**P. Koteswari**  
2<sup>nd</sup> MPCS

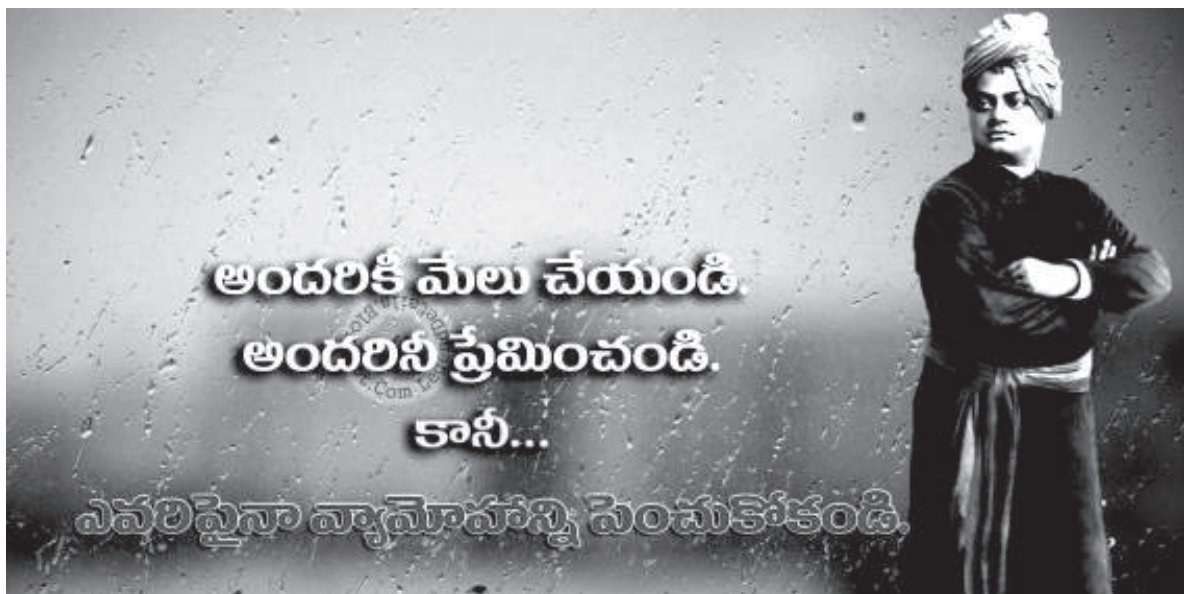
pageorders.org

## మనిషి జీవితంలో అతి ముఖ్యమైన వయసుల మలుపులు

- 20 ఏళ్ళు జీవితాన్ని ఆలోచించే వయస్సు
- 60 ఏళ్ళు జీవితాన్ని ఆదరించే వయస్సు
- 20 ఏళ్ళు వేగం 60 లో ఉంటుంది
- 60 ఏళ్ళు వేగం 20 లో ఉంటుంది
- 20 ఏళ్ళు బాల్యానికి, వృద్ధాప్యానికి నడుమ మజిలి
- 60 ఏళ్ళు మల్లి బాల్యాన్ని గుర్తుచేసే చివరి మజిలి
- 20 ఏళ్ళు జీవితం అంటే ఎంతో... అనుకుంటారు.
- 60 ఏళ్ళు జీవితం అంటే ఇంతే!!! అనుకుంటారు
- 20 ఏళ్ళు ఆవేశం కలుగుతుంది
- 60 ఏళ్ళు బ్రతుకు ఆయాసం కలుగుతుంది
- 20 ఏళ్ళు బ్రతుకు ఒక వరం
- 60 ఏళ్ళు బ్రతుకు ఒక భారం
- 20 ఏళ్ళు ఆ జేబులో కొన్ని డబ్బులు ఉంటాయి.
- 60 ఏళ్ళు దాని వెనుక అన్ని జబ్బులే ఉంటాయి.
- 20 ఏళ్ళు ప్రేమ అంటే అమ్మాయి, అబ్బాయి మధ్య
- 60 ఏళ్ళు ప్రేమ అంటే అన్ని బంధాల మధ్య
- 20 ఏళ్ళు అందమైన భార్య/భర్త, జీవితం ఉంటే చాలు
- 60 ఏళ్ళు ఆత్మీయ స్వర్గ, మాట, కౌగిలింత ఉంటే చాలు.



**J. Nagamani**  
1<sup>st</sup> MPCS





## తపాలా కబుర్లు



అక్టోబరు 10 జాతీయ తపాలా దినోత్సవము ఈ సందర్భముగా తపాలా శాఖ గురించి కొన్ని విషయాలను ముచ్చటించుకుందాము. పూర్వము న్యూస్ రాక కోసము ఎదురు చూసే వాళ్ళు ఎక్కువగా ఉండేవారు పోస్ట్ మ్యాన్ చాలా మందికి సన్నిహితుడు కాని మారుతున్న రోజులలో తపాలా శాఖ ఉనికిని కాపాడుకోవడానికి చాలా కట్టపడవలసివస్తుంది. పెరిగిపోతున్న సెల్ ఫోన్ వాడకము కొరియర్ సంస్థల పోటీ తపాలా శాఖకు సవాలుగా మారినాయి. ప్రస్తుతం యువతకు పోస్ట్ కార్డు, ఇన్ లాండ్ లెటర్ ఎన్వలోప్ వంటివి చూడటము లేదా వాడటము పూర్తిగా మరిచిపోతున్నారు. డబ్బు ఎమ్.ఓ ద్వారా పండడము, అవసరమైన కాగితాలు రిజిస్టర్డ్ పోస్ట్ లో పంపటము అలవాటు పోయింది. కార్డు అనేది మ్యూజియములో ప్రదర్శన వస్తువు అయ్యే ప్రమాదము ఉన్నది. సమాచారాలను తెలియజేయటానికి చౌక అయినా సాధనము కార్డు ముక్కే మొదట ఇండయన్ పోస్ట్ అండ్ టెలిగ్రాఫ్ అనే డిపార్టుమెంటు ఉండేది అది కాస్తా తపాలా శాఖ వరకే పరిమితం అయింది.

మనదేశములో మొదటిసారిగా 1764లో నార్త్ ఇండియా కంపెనీవారు పోస్టు ఆఫీసును ప్రారంభించారు. దినదినప్రవర్ధమానము చెందుతూ నేటి భారత దేశములో పోస్టు ఆఫీసుల సంఖ్య 1,54866 కు చేరింది ప్రపంచములో ఏ దేశములో ఇన్ని పోస్టు ఆఫీసులు లేవు. 1854లో సింధు అనే సంస్థ తొలిస్టాంపును ముద్రించారు.

అనేక మంది రాజకీయనాయకుల లేదా వివిధ రంగాల ప్రముఖుల చిత్రాలతో స్టాంపులు ముద్రించారు ప్రస్తుతం ఎవరి ఫోటో వారు పోస్టల్ స్టాంప్స్ పై ముద్రించే అవకాశం తపాలా శాఖ వారు కలుగ జేస్తున్నారు. ప్రపంచములో సుమారు 110 దేశాలు మన గాంధీజీని తమ స్టాంపులపై ముద్రించుకున్నాయి. ప్రపంచములో మొదటిసారిగా ఎయిర్ మెయిల్ పంపిన ఘనత మనమే దక్కించుకున్నాము. భూమిమీద ఎత్తైన అంటే 15,500 అడుగుల ఎత్తులో పోస్ట్ ఆఫీస్ హిమాచల్ ప్రదేశ్ లోని హిక్కిమ్ గ్రామములో ఉన్నది. అంతే కాకుండా 1983లో మంచు ఖండమైన అంటార్కిటికాలో మన తపాలా కేంద్రాన్ని నెలకొల్పారు.

తపాలా శాఖకు చెందిన విశేషాలను చూడాలంటే న్యూఢిల్లీ లోని డాక్ భవన్ లోగల ది నేషనల్ ఫలటకీల్ మ్యూజియమ్ చూడాలి. అందులో ఎన్నో రకాల దేశ స్టాంపులు పాతరోజుల్లో వాడిన బాక్సులు ఇతర విశేషాలు ఎన్నో ఉంటాయి. ఇప్పటికి కొన్ని కేంద్ర ప్రభుత్వశాఖలు వారు చేసే ఉత్తర ప్రత్యుత్తరాలను పోస్టు ద్వారానే జరుపుతారు. కొరియర్ సర్వీసులను అనుమతించరు. పోస్టల్ శాఖ కూడా కాలానుగుణముగా ఆధునీకరణ ద్వారా తన ఉనికిని కాపాడుకుంటుంది. ఉత్తర ప్రత్యుత్తరాలు కాకుండా డబ్బు లావాదేవీలు అంటే బ్యాంకింగ్ పనులను లాజిస్టిక్స్ పనులను కూడా చేస్తుంది.



**M. Swathi**  
3<sup>rd</sup> Stat. Comp.

## నేటి యువత - రేపటి భవిత

నేటి బాలలే రేపటి పౌరులు అంటారు, ఆ పౌరుల బాధ్యతాయుతంగా ఉంటేనే దేశం ఉన్నతంగా ఉంటుంది. వాళ్ళు చేతుల్లోనే దేశ భవిష్యత్తు ఆధారపడి ఉంటుంది. వాళ్ళని తీర్చిదిద్దటంలో ఎవరి బాధ్యత ఉంటుంది ? దాన్ని ఎవరు ఎలా నిర్వహిస్తున్నారు ? యువత భవితవ్యాన్ని శాసిస్తూ, దేశ ప్రగతిని కాలరాస్తున్న ఆ విషయ పంజాలెవరివి ? ఓసారి పరిశీలిద్దాం.

నేటి సమాజంలో ఒక పిల్లవాడి వ్యక్తిత్వాన్ని నాలుగు అంశాలు నిర్దేశిస్తారు.

- తల్లిదండ్రుల
- గురువులు
- రాజకీయాలు
- మీడియా

పిల్లల వ్యక్తిత్వాన్ని తీర్చిదిద్దడంలో ప్రధాన పాత్ర తల్లిదండ్రులది. ఈ కాలంలో అధికశాతం తల్లిదండ్రులు పిల్లల్ని సరైన దారిలో నడిపించడం కన్నా సంపాదించే దారుల్లో పరిగెత్తించడంపైనే దృష్టిపెడుతున్నారు. పిల్లలు ఎలా ఉంటున్నారు? ఏం చేస్తున్నారు ? వాళ్ళ మాట తీరూ, ప్రవర్తనా ఎలా ఉంటున్నాయి ? ఇష్టాయిష్టాలేంటి ? ఇలాంటివి ముఖ్యం కాదు. టాప్ ర్యాంక్ తెచ్చుకున్నారా ? లేదా ? అని మాత్రమే చూస్తున్నారు.

ఒకప్పుడు విద్యార్థుల్ని గురువులు దండిస్తే అడిగే తల్లిదండ్రులు ఇప్పుడు దండించకపోతే అడుగుతున్నారు. వాళ్ళని కొట్టండి, చంపండి ఎలాగైతేనేం పాసయ్యేలే చూడండి అంటున్నారు పండుగలూ, పబ్బాలూ, సెలవులూ, సరదాలూ, బంధువుల ఆప్యాయతానురాగాలూ ఏదీ తెలియవు. అంత తీరికా, ఓపికా ఎవరికీ ఉండడం లేదు. తల్లిదండ్రులే అలా తరుముతున్నారు. త్రిశంకు స్వర్గంలా పిల్లల చుట్టూ కొత్త లోకాన్ని సృష్టిస్తున్నారు. వాళ్ళ మెదళ్ళలో విదేశాల్లో సంపాదించాల్సిన డాలర్లనీ, మన దేశంపై ఉన్న విద్వేషాన్ని చిన్నప్పటినుండే నూరిపోస్తున్నారు. దానివల్ల కేవలం నేను మాత్రమే బాగుండాలి. దాని కోసం ఏవరేమైపోయినా పట్టించుకోను అనే భావం పరోక్షంగా వారి మనసుల్లో ముద్రించుకుపోతోంది. ఇలాంటి వాళ్ళకు దేశం అంటే మనమేననీ, దేశం బాగుంటేనే మనం బాగుంటామని ఎప్పటికీ అర్థమవుతుంది ? చెప్పాల్సిన వారే చెగొడితే ఎలా తెలుస్తుంది?

పిల్లల్ని ప్రభావితం చేయడంలో తల్లిదండ్రుల తరువాత స్థానం గురువలది. విద్యార్థుల మనసుల్లోకి అజ్ఞానాంధకారాన్ని జ్ఞానమనే వెలుగుతో తరిమేసేవారే గురువులు.

అసలు గురువు అనగా ఒక గౌరవప్రదమైన, భక్తిపూర్వకమైన స్ఫురద్రూపం కళ్ళముందు కదలాడుతుంది. లాలింపూ, బుజ్జగింపూ, మందలించూ అవసరమైతే దండిపూ చూపగల ఒక గంభీర నిశ్చల స్వరూపం తలపుకు వస్తుంది. జ్ఞాన తేజస్సుతో ప్రకాశించే తేజోమూర్తి సాక్షాత్కారమవుతుంది. కానీ ఈ రోజుల్లో ఎవరైనా గురువులయ్యే పరిస్థితి వచ్చింది. ఇంటర్ ఫెయిలైనవాళ్ళూ, డిగ్రీపూర్తి అయి గాలికి తిరిగేవాళ్ళూ, కాలక్షేం కోసం ఏదో చేయాలనుకునే వాళ్ళూ, ప్రైవేట్ స్కూళ్ళ పుణ్యమా అని గురువులై కూర్చుంటున్నారు. ఇలాంటివాళ్ళ బోధనలో విద్యార్థులు ఉన్నతంగా ఎలా తయారవుతారు ? జీవితంలో ఏదైన సాధించాలనే తపన, దేశంకోసం ఎదైనాచేయాలనే ఆరాటం వాళ్ళలో ఎలా కలుగుతుంది? పైగా స్కూళ్ళలో విద్యార్థుల మానసికోల్లాసానికి వ్యక్తి వికాసానికి దోహదంపడే ఆనావాలు ఎక్కడ ఉండట్లేదు. ఎంతసేపు మార్కులూ, ర్యాంకుల గొడవే. టాప్ వచ్చినవారికి సత్కారాలు, మిగతావారికి చిత్కారాలు. ఈ విధంగా విద్యార్థుల మధ్య పోటీని పెంచి ఒత్తిడికి గురుచేస్తున్నారు. నిద్రలేచింది మొదలు మళ్ళీ నిద్రపోయేదాకా చదువు పేరుతో వారి మనసులపై చేస్తున్న ఈ ఒత్తిడి వల్ల వారిలో భయం మొదలై ద్వేషంగా మారి, వారిని ప్రస్టేషన్ కి గురిచేస్తుంది. ఆ స్థితికి సర్దుకుపోయేవారితో సమస్యంలేదు. అలాగే వారి వల్ల ఎవరికీ ఎలాంటి ఉపయోగమూ లేదు. వీళ్ళు కాక ఆ స్థితికి సర్దుకుపోనివాళ్ళు కొందరుంటారు. అలాంటి వాళ్ళు అయితే ఆత్మహత్యని ఆశ్రయిస్తారు లేదా సమాజం మీద, మనుష్యుల మీద కనితో రౌడీలుగానో, సంఘవిద్రోహక శక్తులుగానో తయారువుతారు. వీళ్ళ వల్ల ఎంతటి ప్రమాదకర పరిణామాలెదురవుతాయో ప్రత్యేకంగా చెప్పక్కర్లేదు.

యువతని నిర్వీర్యం చేస్తున్న మూడో అంశం రాజకీయం. రాజకీయ నాయకుల స్వప్రయోజనాలకు ప్రధానంగా బలయ్యేది కూడా పైన చెప్పుకున్నలాంటి వాళ్ళే ఇలాంటి వాళ్ళని ఆకర్షించడం వల్ల యువత నుండి ఓట్లు దండిగా రాబట్టుకోవచ్చని నాయకులు గ్రహించారు. అందుకే ఎన్నికలలో, సభలూ, సమావేశాలూ

నిర్వహించడంలో యువతరాన్ని తెగ వాడేస్తున్నారు. ప్రలోభాలకు ఆకర్షించి, తమకు అనుకూలంగా మార్చుకుంటారు. ప్రతిఫలంగా నాయకుల నుండి వారికి లభించేది కేవలం బీరూ, బిర్యానీయే. వాటితో సరిపూర్ణంగా నివాడికి ఏ యూత్ కమిటీ అధ్యక్షుడి పదవిలాంటిదేదో ఇస్తేచాలు లేదా మహా అయితే చిన్నా చితకా సొంత పనులు చేసిపెడతారేమో అంతకుమించి రాజకీయాల వల్ల, నాయకులవల్ల యువతకు కానీ, అలాంటి యువత వల్ల మనకు కానీ జరిగే మేలేమీలేదు.

ఇకపోతే చివరిగా చెప్పుకుంటున్నా మిగతా మూడింటి కన్నా శక్తివంతమైనది. ప్రమాదకరమైనదీ “మీడియా” వేలాది మంది మేధావులు చేయలేని పని మంచిని ఇవి చేయగలదు. అలాగే లక్షలాది ఆయుధాలు చేయలేని చెడుని ఇది సునాయాసంగా నిశ్శబ్దంగా చేయగలదు.

నేడు ప్రతివారి దగ్గర స్ట్రాట్ ఫోన్లు ఉంటున్నాయి. ప్రపంచమంతా అరచేతిలో ఇమిడిపోయింది. మంచైనా, చెడైనా ఒక్క క్లిక్కు దూరంలో ఉంది. ఆరేళ్ళ పిల్లవాడుకూడా పేస్బుక్, ప్రేమ, పగ లాంటివన్నీ పరిచయమై పోతున్నాయి. అరవై ఏళ్ళ వాళ్ళు కూడా వాటికి అంకితమైపోతున్నారు. ఇదంతా ఎలా సాధ్యం అంటే దానికి సమాధానం ఒక్కటే “మీడియా” టి.వి.లూ, సినిమాలూ, ఇంటర్నెట్, పత్రికలూ రూపం ఏదైనా ఇప్పుడు చాలా మంది వాటికి భానిసలే, వయసుతో నిమిత్తం లేకుండా వాటికి అతుక్కుపోతున్నారు. అయితే వాటి వల్ల మంచి కన్నా చెడే ఎక్కువ ప్రభావం చూపుతోంది.

ఉదాహరణకు టి.వి.నే తీసుకుంటే టి.ఆర్.పి. రేటింగ్ కోసం జనాల్ని పిచ్చివాళ్ళని చేసే ప్రయత్నాలే కనిపిస్తాయి. వినోదం పేరుతో వెకిలిచేష్టలు, వెగట మాటలతో కూడిన కార్యక్రమాలు యువతలోని ప్రతిభని ప్రోత్సహించేందుకని చెప్పి వారి మధ్య తగవులు పెట్టి, తమాషా చూసే కార్యక్రమాలు, హత్యలూ, అత్యహత్యలూ, అత్యాచారాలూ, సెలబ్రిటీల వ్యక్తిగత విషయాలకూ, అనవసరముగా ప్రాధాన్యతనిస్తూ ఎడాపెడా కార్యక్రమాలు నిర్వహిస్తున్నారు. వీటివల్ల జనానికి ఏం లాభం ? నిత్యం వీటిని చూస్తూ ఉండే ప్రేక్షకుల మనస్థితి ఎలా మారుతుంది ?

ఇక సినిమా విషయానికి వస్తే ప్రేమ, పగ, ప్రతీకారాలు, కిడ్నాపులు కథాంశాలుగా నేటి సినిమాలూ వస్తున్నాయి. ఒక వేళ దారి తప్పి మంచిసినిమాలు వచ్చినా మన జనాలు అలాంటి వాటిని పట్టించుకోరు. డేటింగ్ తరహా పాశ్చాత్య తరహా విశ్వంఖుల పోకడలను, అడల్ట్ కామెడీ పేరుతో ద్వంద్వార్థ సంభాషణలు, సన్నివేశాలను మన సినిమాల్లో చూపించి, యువతరాన్ని ఈ జీవనానికి ఆకర్షితులను చేస్తున్నారు. ముఖ్యంగా బాలీవుడ్ సినిమాల్లో ఈ పోకడ మరీ శృతిమించుతోంది. టివీలు, సినిమాలు చూసి ప్రేరేపితమైన 13 ఏళ్ల పిల్లలెవ్వరు డబ్బు కోసం కిడ్నాప్, హత్యకు పాల్పడ్డ సంఘటనలూ, తోటి విద్యార్థులకు కాల్చివేసి తమను తాము కాల్చుకున్న విద్యార్థుల్ని ప్రేమ పేరుతో వయసుకి మించిన పనులు చేసిన పిల్లల్ని మనం చూశాం వీటన్నింటిని కాదనగలమా ? తరువాత ఇంటర్నెట్ మంచి, చెడూ ఉపయోగం దుర్వినియోగం ప్రమాదం - అన్నింటినీ తన ఇముడ్చుకోవడంవల్ల ఒక్క ఇంటర్నెట్ చాలు - అగ్గిపుల్ల తయారీ నుండి అణుబాంబులు తయారీ దాకా నలుపు-తెలుపు చరిత్ర నుండి నీటి చిత్రాలదాకా ఎవరూ ఎవరికి ఏది ప్రత్యేకంగా చెప్పనవసరం లేదు, నేర్పనవసరం లేదు. అలాగని తెలిసేదిలేదు. యథాలపంగానో, మరేదో విషయం కోసమో ఇంటర్నెట్ వినియోగించినా మనకు తెలియ కుండానే ఎంకేవో తెరుచుకుని కవ్వస్తుంటాయి. ఒకసారి అలవాటు పడితే వదిలించుకోలేని వ్యవసనమై కూర్చుంటుంది. ఇంటర్నెట్ వాడకం ఇక అందులో ఇళ్ళావళ్ళూ ప్రపంచం ఏది పట్టించురాదు.

అలోచిస్తే ఇంత ప్రమాదకర పరిస్థితులు తమ చుట్టూ ఉన్నాయా? అనిపిస్తుంది. భవిష్యత్తులో వాటి పర్యవసానాలు, పరిణామాలు ఊహిస్తే గగుర్పాటేస్తుంది. యువతే దేశ సంపద అని గుర్తుంచుకోండి. వారు మంచి వ్యక్తిత్వం ఉన్నవారిగా తయారయ్యే వాతావరణాన్ని కల్పించండి. భవిష్యత్తులో మీకూ - దేశానికి ఉపయోగపడేలా తీర్చిదిద్దండి. వారి మనసులను కలుషితం చేసే ప్రచారం, ప్రసారసాధనాలన్నింటినీ బహిష్కరించండి. జీవితంలో అన్నీపోయినా చిట్టచివరి వరకూ మీకు మిగిలే మీదైన ఆస్తి మీ పిల్లలే వారు మీ కళ్ళముందు నాశనం కాక ముందే కళ్ళు తెరవండి.

**I. Mounika**

3<sup>rd</sup> B.Sc. Stat. Com.



## గౌరవించాలి

ఒక గ్రామంలో ఒక వృద్ధుడు తన కొడుకు మరియు కోడలుతో కలిసి ఉంటున్నాడు. కుటుంబం చాలా సంతోషంగా ఉండేది ఎప్పుడు ఎటువంటి సమస్య ఉండేది కాదు. ఒకప్పుడు చాలా యవ్వనంతో ఉండేవాడు, ఇప్పుడు ముసలివాడు అవ్వడం వల్ల ఏ పని చేయలేకపోయేవాడు కుంటుతూ కర్ర చేతిలో ఉంటూనే నడిచేవాడు ముఖం అంతా ముడతలతో నిండి పోయింది. ఏదో ఒక విధంగా తన జీవితాన్ని గడుపుతున్నాడు.

ఇంట్లో ఒక మంచి విషయం ఏమిటంటే, సాయంత్రం భోజనం తినేటప్పుడు, కుటుంబం మొత్తం కలిసి టేబుల్ వద్ద తినేది. ఒక రోజు సాయంత్రం అందరూ భోజనం తినడానికి కూర్చున్నప్పుడు కొడుకు ఆఫీసు నుండి వచ్చాడు. అతను చాలా ఆకలితో ఉన్నాడు కాబట్టి త్వరగా తినడానికి కూర్చున్నాడు. మరియు కోడలు అతని కుమారులో ఒకరు కూడా కలిసి తినడం ప్రారంభించారు. వృద్ధుడు చేతితో ప్లేట్ పైకి తీయబోతుంటే పళ్ళెం జారి పళ్ళెంలో ఉన్న పప్పు ప్లేట్ నుంచి టేబుల్ మీద పడింది. కోడలు, కొడుకు ఇద్దరు తన వైపు కొంచెం అసహ్యంగా చూస్తూ మళ్ళీ తినడం ప్రారంభించారు. వృద్ధ తండ్రి తన వనికే చేతులతో తినడం వల్ల ఆహారం కొన్నిసార్లు బట్టలపై మరియు కొన్ని సార్లు నేలమీద పడేది.

కోడలు చిరాకించుకుంటూ అన్నది - ఓ రామా ఎంత అసహ్యంగా తింటున్నావో చూడు నీ ప్లేట్ ని ఎక్కడో మూలకు పెడతాను అన్నది, కొడుకు కూడా సరే అని తల ఊపాడు. కొడుకు కూడా భార్యతో అంగీకరిస్తున్నట్లుగా తల ఊపాడు. ఇవన్నీ మనవడు అమాయకంగా చూస్తున్నాడు.

మరుసటి రోజు తన ప్లేట్ టేబుల్ నుండి తీసివేసి ఒక మూలలో ఉంచారు. ఇదంతా చూసిన తర్వాత కూడా తన కళ్ళతో చూసికూడా ఏమీ చెప్పలేదు. వృద్ధ తండ్రి యధావిధిగా ఆహారం తినడం మొదలుపెట్టాడు. ఆహారం కొన్నిసార్లు ఇక్కడ మరియు అక్కడ పడిపోతుంది. చిన్న పిల్లవాడు తన ఆహారాన్ని వదిలి మాటమాటికి తన తాతవైపు చూస్తున్నాడు. తల్లి అడిగింది కొడుకును ఏమి జరిగింది, భోజనం చేయకుండా తాత వైపు చూస్తున్నావు అని పిల్లవాడు చాలా అమాయకంతో చెప్పాడు అమ్మా, నేను వృద్ధులతో ఎలా వ్యవహరించాలో నేర్చుకుంటున్నాను, నేను పెద్దయ్యాక మరియు మీరు వృద్ధ్యాప్యంలో ఉన్నప్పుడు నేను మీకు అదే విధంగా భోజనం పెడతాను అన్నాడు.

బాబు నోటి నుండి ఇది విన్న కొడుకూ, కోడలూ ఇద్దరు వణికిపోయారు, బహుశా అమాయకత్వంతో వాళ్ళిద్దరికి చాలా పాఠం చెప్పడంతో, కొడుకు చెప్పిన విషయం వారి మనస్సులో కూర్చుంది.

కొడుకు లేచి గబగబా వెళ్ళి తండ్రి ప్లేటుని పట్టుకొని పట్టుని టేబుల్ మీద తినడానికి తిరిగి కూర్చోపెట్టాడు. కోడలు కూడా వెళ్ళి ఒక గ్లాసు నీరు తెచ్చి ఇచ్చింది మామయ్యకి.

కాబట్టి మిత్రులారా, తల్లిదండ్రులు ఈ ప్రపంచంలో అతిపెద్ద పూజ్యులు, మీరు సమాజంలో ఎదైనా గౌరవం సంపాదించవచ్చు లేదా ఎంత సంపదను అయినా సేకరించవచ్చు, కాని తల్లిదండ్రుల కంటే ఎక్కువ సంపద ఈ ప్రపంచంలో ఏది లేదు. నిస్వార్థంగా తల్లిదండ్రులకు ఎల్లప్పుడూ సేవ చేయండి మరియు గౌరవించండి, మనం ఏవిధంగా చేస్తే అదే ప్రతిఫలాన్ని పొందుతాము.



**K. Sunitha**

2<sup>nd</sup> B.Sc., MSCs

## జ్ఞానం - ఊహ

జ్ఞానం కంటే ఊహ ముఖ్యం అనేది ఆల్బర్ట్ ఐన్స్టీన్ యొక్క ప్రసిద్ధ కోట్. విజ్ఞానం ముఖ్యమైనది అయినప్పటికీ, కొత్త అవకాశాలను అన్వేషించడానికి మరియు సమస్యలకు సృజనాత్మక పరిష్కారాలతో ముందుకు రావడానికి ఊహ మీకు వీలు కల్పిస్తుందని అతను నమ్మాడు.

ఐన్స్టీన్ దృష్టిలో జ్ఞానం పరిమితం కావచ్చు. ఎందుకంటే ఇది మనకు ఇప్పటికే తెలిసిన వాటిపై ఆధారపడి ఉంటుంది. అయితే ఊహ ప్రస్తుతం తెలిసిన దానికంటే మించి ఆలోచించడానికి మరియు వినూత్న ఆలోచనలతో ముందుకు రావడానికి అనుమతిస్తుంది.

ఊహ అనేది శాస్త్రీయ మరియు సాంకేతిక పురోగతులకు వెనుక చోదక శక్తి, ఎందుకంటే ఇది సాధ్యమయ్యే వాటిని ఊహించటానికి మరియు దానిని సాకారం చేయడానికి కృషి చేయడానికి అనుమతిస్తుంది.

ఇంకా ఊహ అనేది శాస్త్రీయ మరియు సాంకేతిక పురోగతికి మాత్రమే కల్పన మరియు సాంస్కృతిక సృష్టికి కూడా ముఖ్యమైనది. కళాకారులు, రచయితలు మరియు సంగీతకారులు కొత్త మరియు వినూత్నమైన రచనలను రూపొందించడానికి వారి ఊహపై ఆధారపడతారు మరియు మనల్ని ఉత్తేజపరిచే వినోదభరితంగా ఉంటారు.

సారాంశంలో, జ్ఞానం ముఖ్యమైనది అయితే ప్రస్తుతం వాటి యొక్క పరిమితుల నుండి బయటపడటానికి కొత్త ఆలోచనలను మరియు పరిష్కారాలతో ముందుకు రావటానికి ఊహ అనుమతిస్తుంది. ఐన్స్టీన్ యొక్క కోట్ మరియు ఆవిష్కరణ మరియు సృజనాత్మక శక్తివంతమైన సాధనంగా మన ఊహకు విలువనివ్వాలని మరియు పెంపొందించుకోవాలని మనకు గుర్తించవచ్చు.



**P. Yesu Rani**  
1<sup>st</sup> B.Sc., MSCs



## లోక స్వభావం

- ☞ ఆరునెలలు సహవాసముతో వాడేవీడెను
- ☞ పాముకి విషము తలనుండును
- ☞ మనిషికి నిలువెల్ల విషమే
- ☞ గాడిదకు గంధపు చెక్కల వాసన తెలియదు
- ☞ ఏ యెండుకు ఆ గొడుగు పట్టవలెను
- ☞ వసుదేవుడంతటివాడు గాడిద కాళ్ళను పట్టుకొనెను
- ☞ బంగారు పళ్లెమునకైనా గోడనాపు అవసరము
- ☞ ఎంతటి వారయినను లోకమునకు లొంగవలయును
- ☞ దుర్బలులు మంచివారితో కలహమును కోరుకుండురు
- ☞ చిన్నుటలు భద్రపరచనను పట్టుపట్టలను గొతికివేయును.
- ☞ కొత్త ఒక వింత, పాత ఒక రోత
- ☞ నిండుకుండు తొణకీడు
- ☞ లేగల చేపనిడే ఆవులు పావీయవు
- ☞ మంచివారికి మంచి, చెడ్డవారికి చెడు జరుగును
- ☞ దేవుడు ఏమిచేసిననూ అది మనమేలు కొరకే
- ☞ ఎంత చెట్టున కింతే గాలి
- ☞ దేవుడిచ్చిన బుద్ధి దేవుని చేరు వరకు నుండువలెను
- ☞ చిన్ననాటి నుంచి ఏనులే మనకు ధనము
- ☞ ఎవరు చేసిన పాపము వారిని వెంటాడుచుండును
- ☞ దైవధ్యానమును మరువరాదు
- ☞ కొలిచినచో ఇలవేల్పులు వరము లిచ్చురు.



**P. Sobha Rani**  
2<sup>nd</sup> B.Sc., MScs

అక్షరాలతో కూడిన ప్రాథమిక విద్యను అందించే ప్రయత్నం చేస్తున్నాం.

## ప్రత్యేకత

కోపంతో మాట్లాడితే  
గుణాన్ని కోల్పోతారు  
అధికంగా మాట్లాడితే  
ప్రశాంతత కోల్పోతారు  
అనవసరంగా మాట్లాడితే  
అర్థాన్ని కోల్పోతారు



**M. Swathi**  
3<sup>rd</sup> Stat. Com.

అహంకారంతో మాట్లాడితే  
ప్రేమను కోల్పోతారు  
అబద్ధాలు మాట్లాడితే  
పేరును కోల్పోతారు  
ఆలోచించి మాట్లాడితే  
ప్రత్యేకంగా జీవిస్తారు.

## అత్యాశ ఫలం

ఒక ఊళ్లో గోవిందునే యువకుడు ఉండే వాడు. అతను ఆవులు, గేదెల మందను కొండ ప్రాంతానికి తీసి కెళుతుండేవాడు. అయితే అవి గడ్డి మేస్తూ చుట్టుపక్కల ఎటు పడితే అటు వెలిపోతూండేవి. తప్పిపోతే దొరకవని గోవిందుడు వాటికి చిన్న చిన్న గంటలు మెడకు కట్టాడు. వాటిని మేతకు పదిలేసి తాను కట్టెలు కొడుతుండేవాడు. సాయంత్రం అన్నింటిని ఇంటికి మళ్లించే వాడు. గంటలు కట్టడంతో ఎంత దూరంలో ఉన్నా వాటిని గుర్తించే వాడు. ముఖ్యంగా తనకు ఎంతో ఇష్టమైన ఆవుకి మంచి ఖరీదైన గంట కట్టాడు. అందువల్ల అది తప్పి పోకుండా ఉండేది.



ఒకరోజు ఆ గేదెలు మేస్తున్న వైపు ఒక ప్యక్తి వెళుతూ ఆ ఖరీదైన గంట ఉన్న ఆవును చూశాడు. ఆ ఆవును ఎలాగైనా తస్కరించాలనుకున్నాడు. వెంటనే గోవిందుడి దగ్గరికి వెళ్లి, "ఆవు మెడలో గంట ఎంతో బావుంది. నాకు అమ్ముతావా, నీకు కావాల్సినంత సొమ్ము ఇస్తాను" అని అడిగాడు.

'వీడెవడో వెర్రివాడులా ఉన్నాడు. ఉత్తి గంటకి ఎంతో డబ్బులిస్తున్నాడు' అని మనుసులో నవ్వుకుని సరేన్నాడు గోవిందుడు.

ఆ ప్యక్తి ఆ గంటను తీసుకుని డబ్బు లిచ్చి వెళ్లాడు. ఆ మరునాడు ఆ గంట కొన్న ప్యక్తి గోవిందుడు ఉన్న చోటికి వచ్చాడు. నెమ్మదిగా మెడలో గంటలేని ఆవును ఇంటికి తీసికెళ్లిపోయాడు. సాయంత్రం కాగానే ఆ ఆవు తప్పి అన్నీ కనిపించాయి. గంట లేకపోవడంతో ఆ ఆవు ఎక్కడున్నదో తెలియలేదు. ఆవు పోయిందని బాధ పడ్డాడు. ఆ గంట కొన్న వాడే ఆవును దొంగిలించి ఉంటాడని గ్రహించలేక పోయాడు. అయ్యో, గంట ఉంటే బాగుండేదే అని చింతించాడు.

నీతి: అత్యాశకు పోతే మన దగ్గర ఉన్నది కూడా పోతుంది.

## తెలివైన తీర్పు

నీమనిషిల్లాలో నర్సిదానంద వర్మ అనే ఊరి పెద్ద ఉండేవాడు. అతను ఊరి ప్రజల వివాదాలను న్యాయంగా పరిష్కారం చేసేవాడని ప్రసిద్ధి. ఆయన ఒకరోజు బజారుకు వెళ్తుండగా దారిలో ఇద్దరు వ్యక్తులు వాదించుకోవడం గమనించాడు. ఆ ఇద్దరిలో ఒకరు జమీందారు, మరొకరు కలకం బస్తాలు వ్యాపారం చేసేవాడు. వీరిద్దరి మధ్య వాదనకు



కారణం... పనివాడు ఒక బరువైన దీర్ఘం బస్తా వ్యాపారండా, అది ఊరి జమీందారు కోడిపై పడడంతో అది పురజించింది. దాంతో జమీందారు ఆ పనివాడితో "అన్యాయంగా నా కోడిని చంపేస్తావు, ఆ కోడి తీసుకు వెళ్లి సంవత్సరంలో ఎన్ని గుడ్డు పెట్టేదో అంత వెల చెల్లించు" అన్నాడు.

పనివాడు "అయ్యో! నేను వీరవాడిని, అంత డబ్బు చెల్లించలేను, పాపపాపం బస్తా వ్యాపారం కోడి మీద పడింది. జైమించండి! కోడి వెల మూత్రం కల్పగంపం" అన్నాడు. చుట్టూ జనం గుమిగూడారు. ఇంతలో అక్కడికి నర్సిదానంద వర్మ రావడం చూసి జనం అతను వద్దనే తీర్పునిస్తాడని అనిచారు. జమీందారు, పనివాడు నర్సిదానంద వర్మతో జరిగిన విషయం వివరించారు. కానీ వచ్చి అలోచించి నర్సిదానంద వర్మ "జమీందారు వాదన సరైనదే. పనివాడు అతనికి కోడి వెల, సంవత్సరంకంటా పెట్టాలనే గుడ్డు వెల కలిపి మొత్తం వంద రూపాయలు చెల్లించవలసింది" అని చెప్పాడు. అది విని అక్కడున్న వారంతా ఆశ్చర్యపోయారు. వారికి అతని తీర్పు అన్యాయంగా అనిపించింది. పనివాడు ఎంతో విరాళుడైనాడు.

నర్సిదానంద వర్మ "నా తీర్పు ఇంకా ముగించలేదు" అని కొనసాగించాడు. జమీందారుతో "కోడి గుడ్డు పెట్టాలంటే నువ్వు దారికి ధాన్యం పెట్టాలిగా, మరీ ఒక సంవత్సరంలో నీ కోడి ఎంత ధాన్యం తినేది?" అని అడిగాడు. "రెండు బస్తాలు ప్యాపి" అన్నాడు జమీందారు. "అయితే ఆ రెండు బస్తాల ధాన్యం వెలను నువ్వు పనివాడికివ్వ" అన్నాడు నర్సిదానంద వర్మ. అయిన తీర్పు అర్థంకాక జమీందారు అయోమయంగా చూసాడు.

"ఏమీ లేదు రాజోయే సంవత్సరంలో నీ కోడి ఇప్పటికే లాభం నువ్వు అతిపెచ్చావు. మరి సంవత్సరంకోసం కోడికి నువ్వు పెట్టే బస్తా ఎవ్వ వుంటుంది? కోడి లాభం అతను నీకేవలంకంటే, ఆ కోడికయ్యే బస్తాను నువ్వు అతనికివ్వాలి కదా!" అంటూ వివరించాడు నర్సిదానందవర్మ. రెండు బస్తాల ధాన్యం వెల తనకు రాజోయే వంద రూపాయల కంటే ఎక్కువ అని గ్రహించాడు జమీందారు. గుమిగూడిన జనమందరూ తీర్పు విని సంతోషించారు. పనివాడు పాపపాపం కోడిని చంపాడు కాబట్టి తన కేమీ ఇష్టపెట్టలేదని జమీందారు ఒప్పుకున్నాడు.

## पडोसी

इमाम अबू हनीफ के पडोस में एक मोची रहता था. वह दिन भर तो अपनी झोंपड़ी के दरवाजे पर सुकून से बैठकर जूते गांठता रहता मगर शाम को शराब पीकर उधम मचाता और जोर-जोर से गाने गाता. इमाम अपने मकान के किसी कोने में रात भर हर चीज़ से बेपरवा इबादत में मशगूल रहते. पडोसी का शोर उनके कानो तक पहुँचता मगर उन्हें कभी गुस्सा नहीं आता. एक रात उन्हें उस मोची का शोर सुनाई नहीं दिया . इमाम बेचैन हो गए और बेचैनी से सुबह का इंतज़ार करने लगे. सुबह होते ही उन्होंने आस-पडोस में मोची के बारे में पूछा. मालूम हुआ कि सिपाही उसे पकड़ कर ले गए हैं क्योंकि वह रात में शोर मचा मचा कर दूसरों कि नींदें हराम करता था.

उस समय खलीफा मंसूर की हुकूमत थी. बार-बार आमंत्रित करने पर भी इमाम ने कभी उसकी देहलीज़ पर कदम नहीं रखा था मगर उस रोज़ वह पडोसी को छुड़ाने के लिए पहली बार खलीफा के दरबार में पहुंचे. खलीफा को उनका मकसद मालूम हुआ तो वह कुछ देर रुका फिर कहा – “हजरत ये बहुत खुशी का मौका है कि आप दरबार में तशरीफ़ लाये. आपकी इज़्जत में हम सिर्फ आपके पडोसी नहीं बल्कि तमाम कैदियों कि रिहाई का हुक्म देते हैं “. इस वाक्ये का इमाम के पडोसी पर इतना गहरा असर हुआ कि उसने शराब छोड़ दी और फिर उसने मोहल्ले वालों को कभी परेशान नहीं किया.

**B. Likitha**

3<sup>rd</sup> B.Sc



## छत्रपति शिवाजी के जीवन के तीन प्रेरणादायक प्रसंग

शिवाजी के समक्ष एक बार उनके सैनिक किसी गाँव के मुखिया को पकड़ कर ले लाये . मुखिया बड़ी-घनी मूछों वाला बड़ा ही रसूखदार व्यक्ति था, पर आज उसपर एक विधवा की इज्जत लूटने का आरोप साबित हो चुका था. उस समय शिवाजी मात्र १४ वर्ष के थे, पर वह बड़े ही बहादुर, निडर और न्याय प्रिय थे और विशेषकर महिलाओं के प्रति उनके मन में असीम सम्मान था.

उन्होंने तत्काल अपना निर्णय सुना दिया , " इसके दोनों हाथ , और पैर काट दो , ऐसे जघन्य अपराध के लिए इससे कम कोई सजा नहीं हो सकती ."

शिवाजी जीवन पर्यन्त साहसिक कार्य करते रहे और गरीब, बेसहारा लोगों को हमेशा प्रेम और सम्मान देते रहे.

- पढ़ें: **छत्रपति शिवाजी महाराज के 26 प्रेरक कथन**
- **छत्रपति शिवाजी महाराज से जुड़े 21 बेहद रोचक तथ्य**

शिवाजी के साहस का एक और किस्सा प्रसिद्ध है . तब पुणे के करीब नचनी गाँव में एक भयानक चीते का आतंक छाया हुआ था . वह अचानक ही कहीं से हमला करता था और जंगल में ओझल हो जाता. डरे हुए गाँव वाले अपनी समस्या लेकर शिवाजी के पास पहुंचे .

" हमें उस भयानक चीते से बचाइए . वह ना जाने कितने बच्चों को मार चुका है , ज्यादातर वह तब हमला करता है जब हम सब सो रहे होते हैं."

शिवाजी ने धैर्यपूर्वक ग्रामीणों को सुना , " आप लोग चिंता मत करिए , मैं यहाँ आपकी मदद करने के लिए ही हूँ ."

शिवाजी अपने सिपाहियों यसजी और कुछ सैनिकों के साथ जंगल में चीते को मारने के लिए निकल पड़े . बहुत दूँढने के बाद जैसे ही वह सामने आया , सैनिक डर कर पीछे हट गए , पर शिवाजी और यसजी बिना डरे उसपर टूट पड़े और पलक झपकते ही उस मार गिराया. गाँव वाले खुश हो गए और "जय शिवाजी " के नारे लगाने लगे.



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## कहाँ हैं भगवान ?

एक आदमी हमेशा की तरह अपने नाई की दूकान पर बाल कटवाने गया . बाल कटाते वक़्त अक्सर देश-दुनिया की बातें हुआ करती थीं ....आज भी वे सिनेमा , राजनीति , और खेल जगत , इत्यादि के बारे में बात कर रहे थे कि अचानक भगवान् के अस्तित्व को लेकर बात होने लगी .

नाई ने कहा , “ देखिये भैया , आपकी तरह मैं भगवान् के अस्तित्व में यकीन नहीं रखता .”

“ तुम ऐसा क्यों कहते हो ?”, आदमी ने पूछा .

“अरे , ये समझना बहुत आसान है , बस गली में जाइए और आप समझ जायेंगे कि भगवान् नहीं है . आप ही बताइए कि अगर भगवान् होते तो क्या इतने लोग बीमार होते ? इतने बच्चे अनाथ होते ? अगर भगवान् होते तो किसी को कोई दर्द कोई तकलीफ नहीं होती ”, नाई ने बोलना जारी रखा , “ मैं ऐसे भगवान के बारे में नहीं सोच सकता जो इन सब चीजों को होने दे . आप ही बताइए कहाँ है भगवान ?”

आदमी एक क्षण के लिए रुका , कुछ सोचा , पर बहस बढे ना इसलिए चुप ही रहा .

नाई ने अपना काम ख़तम किया और आदमी कुछ सोचते हुए दुकान से बाहर निकला और कुछ दूर जाकर खड़ा हो गया . कुछ देर इंतज़ार करने के बाद उसे एक लम्बी दाढ़ी – मूछ वाला अधेड़ व्यक्ति उस तरफ आता दिखाई पड़ा , उसे देखकर लगता था मानो वो कितने दिनों से नहाया-धोया ना हो .

आदमी तुरंत नाई कि दुकान में वापस घुस गया और बोला , “ जानते हो इस दुनिया में नाई नहीं होते !”

“भला कैसे नहीं होते हैं ?”, नाई ने सवाल किया , “ मैं साक्षात तुम्हारे सामने हूँ !”

“नहीं ” आदमी ने कहा , “ वो नहीं होते हैं वरना किसी की भी लम्बी दाढ़ी – मूछ नहीं होती पर वो देखो सामने उस आदमी की कितनी लम्बी दाढ़ी-मूछ है !”

“ अरे नहीं भाईसाहब नाई होते हैं लेकिन बहुत से लोग हमारे पास नहीं आते .” नाई बोला

“बिलकुल सही ” आदमी ने नाई को रोकते हुए कहा , “ यही तो बात है , भगवान भी होते हैं पर लोग उनके पास नहीं जाते और ना ही उन्हें खोजने का प्रयास करते हैं , इसीलिए दुनिया में इतना दुःख-दर्द है .”

**CH.Charitha**

1<sup>st</sup> year CBZ





**B.Com General & Computer Science**



**B.Sc MP Computer Science**



**B.Sc MPC & CBZ**



**Home Science**



**Humanities**



**Student Council**



**Women Empowerment Cell**



**Discipline Committee**

# EVENTS



Swacch Bharat Award from Chief Minister Sri N. Chandrababu Naidu



Orientation Programme on Quality of Personal and Professional Life



Swachhata Hi Seva Programme



NAAC PEER TEAM MEMBERS



Guest Lecture on Precision Cancer Care



College Inaugural Function



Participation in "Navanirmana Deeksha"



SABALA Awareness Programme



Workshop on MOOCS at NIT Warangal



Environmental Day



International Yoga Day



Alluri Sitaramaraju Jayanthi



Independence Day Celebrations



Non Teaching Staff Celebration



International World Literacy Day Celebration

# EVENTS



**Constitutional Day**



**Awareness on Cancer Treatment for Docra Groups at Municipal Commissioner Hall, Tenali**



**National Seminar Language of Literature and Culture**



**FIELD TRIP**



**SCHOOL ACTIVITY**



**WORLD AIDS DAY**



**OUT REACH PROGRAMMES**



**SOLIDARITY DAY**



**Table Tennis Tournament**



**Tree Plantation Drive**



**Our State - Our Taste Cookery Competition**



**INDUSTRIAL VISIT**



**Cultural Competition**



**Parent Teacher Association Meeting**



**International World Literacy Day Celebration**

# EVENTS



**NSS Volunteers participated in Swachhtha Rally**



**Blood Donation Camp  
St. Joseph's Hospital, Guntur**



**World Aids Awareness Rally  
By Youth Red Cross**



**Nutritional Awareness Programme  
Dept. of Home Science**



**School Activity  
Conducted by Dept. of Telugu**



**World AIDS Day**



**Bridge Course  
Dept. of Mathematics**



**Prathibha Award 2018 from the  
Government of A.P**



**Survey on School Dropouts  
Dept. of Commerce**



**SELF DEFENCE TRAINING PROGRAMMEE**

*Thank You*





# J.M.J. COLLEGE FOR WOMEN

Est'd. 1943 (AUTONOMOUS) TENALI



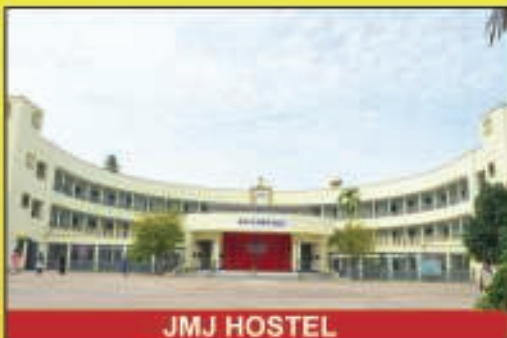
HOME SCIENCE BLOCK



LIBRARY ENTRANCE



JMJ CENTENARY AUDITORIUM



JMJ HOSTEL



MAIN BUILDING-VIEW



PLAY GROUND



ENTRANCE GATE



Way to Auditorium



**JMJ COLLEGE FOR WOMEN (AUTONOMOUS), TENALI - 522 202**

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